

COVENANT  
OF  
SILENCE

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This book is a simple attempt to share the success the author has enjoyed from finally finding that fabled "Fountain of Youth" written in so many fantasy books throughout history, and kept a highly guarded secret by the elite underground societies of this world.

*The book before you contains instructions on creating an extremely powerful and dangerous elixir. If used improperly, the result can be fatal. A dose even as small as a single grain of salt can be lethal, which is why the "Stone" must be diluted heavily as per the instructions in the chapter on dosage.*

*Aside from the physical dangers of handling this substance, there are also mental dangers you must take into serious consideration. Generally if the elixir is only used for a few days, it will treat diseases and heal the body wonderfully with no other side effects. But if taken for long periods of time, it begins to open up doorways in the mind that are better left closed for some people. If you are afraid of the spirit world and the paranormal, then you should not attempt to ingest the elixir for long periods of time. While the results are different for each person and the elixir may not awaken psychic ability in every person that consumes it, there is a very high chance the elixir will open a gateway, allowing the user to both see and hear the spirit world.*

*So when the day arrives that you hold in your hands this most blessed and sacred creation, think long and hard about the path you have chosen, and be sure you are well prepared to make the journey. The mind is capable of letting you experience profound bliss, and on the same token, profound horror. If you have no prior experience with the supernatural, then you may not be able to handle the new powers the elixir can awaken in you.*

*You have been warned...*

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*"Deep in the heart of the World's mysteries I traveled,  
seeking and searching for that which is hidden and kept  
secret, until finally to my great reward I found a light  
that will never leave me."*

*"I dedicate this work to the true and invisible Rosicrucis  
Order, and to the members of my own brotherhood of the  
I.A.O. (Illuminated Alchemist Order). "*

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## INTRODUCTION

The world of Alchemy is a place where seemingly only those initiated into some form of a secret Order ever have the chance at success when it comes to making the Philosopher's Stone. A contract is signed, and a covenant of silence is formed. Anyone who dares break that code would be punished in some way.

We only know about these secret societies by what was written about them in the distant past. But in modern times, all we see are the many false organizations which have stolen the names of these societies. Every Rosicrucian, Freemason, Templar Knights, Golden Dawn, and Order of the Morning Star are fraudulent organizations that have absolutely nothing at all to do with the genuine invisible Orders created so long ago. Most of them no longer exist in their original true form, and the ones that remain have become so corrupt that they simply can not be thought of as the true secret societies they once were, nor do they possess the knowledge their elders did.

Take for example, the Rosicrucians. They do indeed still exist, but you will never find them in any public arena because they are an "invisible" Order. The only way into their society is through invitation, yet so many of the modern public believe you can just pay a fee and "sign up" to become part of this Order. The California based AMORC is a prime example of just how popular a club can become when they steal the name that belongs to a highly advanced Order of alchemists.

If you were to search for the Rosicrucian Order online, you would find a plethora of similar false organizations that bring nothing but shame to the Rosicrucian name. When you make the true Philosopher's Stone, the real Rosicrucians will probably come knocking on your door, because they are so advanced with their psychic skills, they can easily sense when someone has succeeded in creating the Stone.

The Stone is a very big deal, and all of the original secret organizations of alchemists knew how to make it. But they were so afraid that others would abuse the power that comes from ingesting the elixir made from the Stone, they were too paranoid to even pass it down to the men below them in the Order, and so it was eventually lost.

Now all the men who are members of these secret societies grow old like any other normal person, and never reach any sort of "enlightenment" or "ascension". That is the very proof that either their organization is based on lies and falsehoods, or it became corrupt and the original knowledge of the Great Art of alchemy was lost in antiquity, dying with the men who were too paranoid to share it with the rest of the group.

But if I have that secret detailed in this book, then why don't the members of these grand "Orders" know anything about it? If it's really so easy for a young man of my age to discover this secret, then what's stopping them from doing the same? The existence of this book really makes them look bad doesn't it? Well my journey wasn't so easy.

It took a great deal of luck and impossible coincidences, combined with a non-stop, never ending passion and drive for me to finally to find my treasure. I worked tirelessly in the lab and in reading the literature. Decoding the symbolism used in the old books was no easy task, and when I first started, I had no idea what in the world I was reading. But as the years passed and I started becoming more familiar with their writing style, eventually I could fully understand every single word of every alchemy book I read.

But knowing how to do the processes is only half the battle. The harder part is finding methods that produce something more than a dissolution of gold, making a useless concoction of gold chloride dissolved in water. That is nothing more than a poison, and many alchemy books were written by alchemists who didn't believe the Stone could actually turn lead to gold, so they never had a method of testing their final product.

Somehow a lot of the final elixirs described in these books could apparently treat many diseases, and that made it seem like they could indeed be the true "Elixir of Life". I followed these various methods, some using dry distillation of acetates to produce explosive acetone fumes and other strange chemicals that actually dissolved gold, but only made a false elixir. Other methods used mercury metal, some used repeated dissolutions of the gold in acid to make a useless white powder of gold hydroxide (the famous David Hudson & Laurence Gardner "white powder gold"), and others used antimony trichloride which indeed dissolves gold, but again making nothing but poisonous gold chloride in the end. In another book I'm writing, I will have over 100 photos of all this work.

But luckily I did eventually find my way to the correct path which was written about in only a few alchemy books in history, one of the most famous being the wordless picture book "Mutus Liber".

All throughout history we find bits and pieces of manuscripts written by alchemists. But they never intended their work to be copied and passed around to any great number of people. They assumed their work would remain relatively secret and difficult to find. Now with the invention of the internet, we have access to all these rare texts, most of which were only written down a single time and never published or copied.

The amount of information available to a person researching alchemy today is staggering. Often instead of helping them, it only confuses them by getting them lost in an endless maze of

symbolic books that are nearly impossible to correctly interpret. And so right from the start, most would-be alchemists of our modern time throw in the towel and immediately give up.

But there do indeed exist many clearly written books on how to correctly perform alchemy processes. A person simply needs to understand some basic rules of alchemy so they know what to look for.

These simple rules which I have learned after many failed experiments on the wrong paths are:

1. The red Philosopher's Stone is made from Gold and the white is made from Silver.
2. The stone is not crystalline, but is a glassy material, soluble in both alcohol and water, and having a much lower melting point than gold or silver, closer to lead.
3. To transform metal into this strange glass-like substance, we need something known most commonly in alchemy literature as the "Alkahest"; a term invented by Paracelsus because he made his from alkaline earth metals like potassium hydroxide and calcium carbonate.
4. Acids and other corrosive chemicals can never change metals into their "Philosopher's Stone" forms, so all methods which employ such harsh chemicals are incorrect.
5. The "Alkahest" is a crystalline salt.
6. There is a Wet Path and a Dry Path. The wet path uses the salt dissolved in a little distilled dew water or "spirit of dew", while the dry way uses the salt in its dry form.

7. The wet way uses the very low temperature of 120-150F called "Balneo Mary" water bath and takes many months. The dry path uses intense heat, hot enough to melt the metal with the salt, so it is able to make the Stone nearly instantly (but the dew salt itself still takes weeks to make). The wet path was invented because most people in the those times didn't possess a furnace that could metal metal.

8. In the Dry Path, the crucible must be sealed or the Alkahest (dew salt) vaporizes.

9. In the Wet Path a flask is used and must be sealed. The glass of those times was very thin and weak, so they couldn't heat it up very hot at all or it would explode. Today we have thick walled flasks made by machines, with a much stronger glass called "borosilicate", containing the element boron to strengthen the glass and protect against thermal shock (Pyrex, Bomex, Kimax), so we can heat our flasks much higher, and greatly speed up the process.

10. To test the Stone, transmutation of lead is done because "lead to gold" wasn't just a metaphor for the transformation of the mundane human mind into perfection.

11. Transmutation requires the Stone to be powdered and mixed into hot wax, then thrown into the molten lead and heated until the lead becomes gold. It will be solid because gold melts at a much higher temperature (about 2000F), while lead can be melted on a common kitchen stove.

12. The Stone can kill a person if ingested in high doses, or if it's beyond the 1<sup>st</sup> Order of multiplication. That is why its crucial to test the Stone by transmutation, to ensure it only transmutes ten to thirteen times its weight of lead into gold.

So following those 12 guidelines, I was able to greatly narrow down the amount of alchemy manuscripts that complied with those rules. These rules are crucial to a person's success when searching for valid methods of manufacturing the Stone, yet

they have never been written down in any book until now. Not a single one of them has ever been so much as mentioned in passing in any alchemy text. Yet apparently I wasn't the first person to notice these rules, because I found most of the processes which I used for this book in a small collection of alchemy texts called "Potpourri Alchemia" in the RAMSdigital.com library. It was complied by Hanz Nintezel, so obviously he knew the secret rules that took me so long to figure out. But nobody has ever mentioned his book anywhere in alchemy literature or anywhere on the web on any forums.

To begin with, we need to take a closer look at what has been right in front of our faces for the last several hundred years — the Rosicrucian Order.

Most people who become interested in this Order spend exorbitant amounts of time reading all they can about how the Order operates, and what ceremonial processes they teach, hoping to find clues to alchemy hidden in the rich symbolism of the Order itself.

But all a person needs to recognize is the name of the Order, and what it means. Most people believe the name comes from the words ROSI and CROSS, meaning Rose Cross, but in fact the name is derived from the words ROS and CRUCIS — with ROS = dew, CRUCIS = crucible or flask. They also sign their letters to each other with F.R.C. which most people assume means Fratres Rosy Cross (Brothers of the Rose Cross), but actually means Fratres Roris Cocti (Brothers of the boiled or concocted dew).

Contained right there in the very name of the Order itself is the answer to what "Prima Materia" to use as the starting point for making the Elixir of Life. Any amount of experimenting with morning dew would eventually lead an alchemist to discover its power to dissolve the metals, and make medicines thereby. Even without a single alchemy text to guide them, a person would eventually stumble upon this great secret.

But it's important to know exactly what to be looking for when working with dew. As you will see with the several examples I provide in this book, the main goal of working with dew is to create a salt from it, which can then be digested together with the spirit of the dew, and a powerful Universal Solvent is formed. It is able to dissolve the metals without any chemical explanation. Gold in particular is a very difficult metal to dissolve; it normally takes extremely corrosive acids to achieve this. But the gentle yet powerful solvent we make from morning dew is able to achieve the dissolution in a way that completely transforms the metal into something unknown to modern science.

Once the metal has been changed into the strange glass-like substance that is water soluble, it then needs to be digested again with the Universal Solvent, and the process repeated. The end result will then be a stone more beautiful than the first, and a powerful medicine for the human body.

Alchemists wanted to see what would happen if they kept repeating the digestions and multiplying the power of the stone, making it more brilliant each time. Eventually, after the seventh or eighth multiplication, the stone begins to actually glow and emit its own light. This was proof to the alchemists that the stone itself was the Light of God. And by having that belief that this medicine is directly a source of God's energy, it made the desire to keep it a secret that much stronger.

Many alchemy books warn that whoever writes out the process to making the Stone in terms which can be too easily understood by the lay man; he will be damned by God and punished severely by his Angels. Most alchemists today still hold that same belief, and those who have success in making the Elixir always keep silent, hence the reason you have probably never heard of anyone having success with it.

How then did I myself ever find my way through the alchemy maze, without any help from a secret Order, or any other modern alchemist? I was lucky enough to be given proof of the validity of alchemy at a very early age. Most people researching alchemy are doing so completely on faith, never knowing if they will actually be able to make the Stone, or *if its even possible* to manufacture such an incredible medicine. While I had my doubts, I also had undeniable proof.

So many long years of my life have been spent in the pursuit of the fabled Philosopher's Stone from which is made the "Elixir of Life", of which a person can obtain eternal youth and beauty, gain incredible mental abilities, and secure their financial fortune. To the uninitiated, it sounds like the fevered dream of a madman. How could something so incredible exist in the world and have been kept secret for thousands of years?

I went into the research of alchemy with a very skeptical attitude, but I was lucky enough to live in a neighborhood in which other alchemists lived, and at the very early age of only 16 I was provided with proof that alchemy is indeed real.

Late one summer night in 1997, around 2am I was awake listening to music, when a female voice entered my mind and instructed to me to go outside. I thought maybe I was falling asleep, so I ignored the voice the first time. But she persisted and would not let me return to listening to my music in peace, so I decided to follow her instructions and see what might be waiting for me outside. I was already accustomed to hearing female spirits talk to me and tell me things about the future, or events happening in other locations, as you will read in a later chapter.

I took a short leisurely stroll through the neighborhood, and I felt strangely at ease and totally peaceful during my little walk; I was glad I came outside, even if only for this peaceful experience.

Looking up at the full moon, I noticed a vapor mist rise up from the backyard of the house in front of my view, and it was extremely thick just like a cloud. It rose up all the way in line with the full moon, and made a perfect eclipse in front of it by forming a perfect circle that blocked out the moonlight. After about a minute, the fog floated off to the side and moved away like a normal cloud in the sky. How was this possible? What did it mean?

When I returned home, just before I entered the house, a voice yelled out "no Nick, don't go inside!". How did these strangers whom I've never met know my name? And how did they know I was going inside when their house was well out of view from mine?

For several years I wondered what this meant, then I read one alchemy book that explained it all very clearly. Only in this one single book has there ever been described the process I witnessed taking place that night. It described a method of using the White Stone to make rainwater water rise up from a bowl and eclipse the full moon, and every alchemist on the horizon of that full moon will come outside, and search north and south, east and west, until they see the sign at the full moon, and they will respond in the same manner using their White Stone. And in this way, alchemists are able to meet with each other, and share their work and experiences with one another. Wherever an alchemist moves to, he can make himself known and meet fellow alchemists in the area.

The book was "Hyle und Coahyl", published by the RAMS library of rare alchemy manuscripts ([ramsdigital.com](http://ramsdigital.com)). How is this one book the only text written in history that clearly explains how to use the White Stone to meet other alchemists? And what are the chances real alchemists would be living right there in my own neighborhood and know about this method? And if they knew my name and who I was, then why did they let me go on with the rest of my life searching for the stone myself, without ever lending a helping hand?

They lived right there in my neighborhood, yet refused to help me in the long arduous journey through the maze of nonsense that fills alchemy books. I always wished someone would have just sent me a book that clearly explained how to make the Philosopher's Stone, but I was left to figure it out on my own.

Luckily finding the right information isn't actually that hard, thanks to the RAMS library. As you will see in this book, there are plenty of ways to proceed with the "Great Work" of alchemy without needing anything but morning dew. However, to complete the process you will need silver and gold to make the White and Red medicines respectively.

The dew can be collected using a large 8 or 16 pound bag of ice, placed in a 5 gallon plastic bucket from the hardware store. You should begin the collection around 1am, and stop around 6am, or just before sunrise. If you live in the city or a well populated area, the dew will of course be heavily contaminated with pollutants, but it doesn't really matter. You will be reducing it to a salt which you will purify to whiteness, and the final Stone won't contain any of the dew salt; it will only be the single element of gold or silver transformed into a non-metallic state.

I also believe the morning dew collected from the tips of pine needles is far more powerful than any other source. Pine trees emit astral or psychic energy from the tips of the needles, and you can prove it by touching the tips of the needles to all your fingers on both hands, with the needles still on the tree. Do this for 15 minutes every day, and you will notice an increase in psychic ability.

You can collect the dew by shaking the branches of the tree into your big 5 gallon bucket. It will take a lot more work, but its well worth it in my opinion. It will also smell much better than normal dew of course. Some people say this dew will already be specified to the plant kingdom and useless for work in the metallic kingdom, but that is nonsense. Fluids from the animal kingdom can be made for use in the mineral or

metallic kingdom, and likewise so can fluids from the plant kingdom. So there is no need to worry about that.

This book was written with the idea of the reader already knowing the basics of alchemy work and the terminology used. Some steps in these processes explain very little detail about how to perform the process, although I try to include as much detail as I think necessary. I assume the reader already knows how to dissolve, digest, distill, rectify, coagulate, and multiply the material for making the Stone. If you are new to alchemy, then I highly recommend Robert Bartlett's book "Real Alchemy". He does a fantastic job of clearly explaining the basics of alchemy; something I simply don't have the patience to do.

For all the distillations described in this book, I strongly recommend you use a modern set-up as opposed to an actual retort or alembic like the old alchemists. Also, you don't need to seal up the distillation apparatus air-tight. You can have a hose leading from the receiver flask to an outside ventilation. The alchemists of the past often sealed the entire system because they had no other choice. This meant they had to use very large receiver flasks with plenty of extra space so the receiver flask wouldn't blow apart from the rest of the system. The glass they used was also very fragile and thin, because they didn't have machines to blow the glass and keep the walls thick. They had to simply blow the glass with the force of their own breath, and that resulted in thin, fragile flasks.

Your distillation system should consist of a simple distillation flask, connected to an elbow which is then connected to a graham style condenser, and the receiver flask connected at the bottom. The receiver flask should be double-necked, so that a hose can be connected and led outside for ventilation of the fumes. There is no need to use a vacuum on your system, and using one can be dangerous if air gets back into the heated distillation flask, causing it to explode.

If you can't afford a professional distillation system, then you can also make one very cheaply from parts at your local hardware store. All you need is a mason jar and a short length of thin copper tubing. Simply wrap the copper tubing around a rolling pin to form a condenser. Then remove it from the rolling pin and place one end in the top of the mason jar (a large cork is best for this, but a hole can also be punched in the metal lid). Then when you are ready to distill, simply place the mason jar in a pan of water, on top of a wet cloth. Use something to weigh down the jar so it doesn't tip over from the action of the boiling water. Cynmar.com sells iron rings for this very purpose. The disadvantage is that you won't be able to cool the copper pipe, but if you make it long enough, it should compensate, and because its so thin, it forces the fumes to condense even if they are very hot. You can see a perfect example of this simple distillation system at [ScientificsOnline.com](http://ScientificsOnline.com). It's only \$30 US if you want to purchase the unit instead of making it yourself.

Most of the processes in this book can be carried out by anyone who happens to read the book, but I strongly recommend you do some research and learn about basic alchemy before you attempt any of this work. It may seem harmless to work with morning dew water, but you will be making it into something that can dissolve all metals, and handling the resultant elixir can be very dangerous.

As for dosage, many different alchemy books contained varied instructions on exactly what the dose should be. So I leave it up to the reader to do their own research and only through trial and error will they find the right dose. Remember that what works for one person might not work for another, and to cure some of the worst diseases, you will have to administer the doses each day for several days, or maybe only once a week if the person does not have their strength. Since the descriptions for dosage vary so widely in each alchemy book, it's impossible for me to recommend any exact dosage instructions. However, I have written a chapter on dosage so

you can get a general idea of how diluted the elixir should be before ingesting it.

Most of the processes detailed in this book come from a collection of rare manuscripts by Hanz W. Nintzel ([ramsdigital.com](http://ramsdigital.com)) He made a book that was a collection of all the short manuscripts that didn't fit anywhere else titled "Potpourri Alchemia". And because these texts were each so short, most of them offer no instruction on dosage. They simply explain the process of making the stone, then reveal nothing further.



## THE UNIVERSAL SOLVENT FROM MORNING DEW

In morning dew, and somewhat in rainwater from thunderstorms, there exists something that is beyond the scope of modern science. It can't be measured or identified by any of today's advanced technologies. But through the simple art of alchemy, we are able to concentrate and condense it, so that we can work with it to create a powerful medicine for the human form.

Countless explanations are written as to what this energy must be, with each alchemist having his own opinion and stating it as fact in his work. Most believe it is an astral light, of which the same substance your own astral light body is made of. By ingesting it, we are able to feed the astral body, and eventually it becomes strong enough to over power the physical body, and astral projection becomes easy. This itself sounds like some new-age hippie theory, but in fact this theory appeared in alchemy texts many hundreds of years ago.

Your astral body feels like its overcharged with energy and this allows you to easily leave your body when trying to fall asleep. So it makes sense that alchemists theorized the astral body is being "fed" from the ingestion of the elixir.

If you follow the work in this book, you will see for yourself this wondrous celestial light shining softly into your eyes from the Philosopher's Stone when its multiplied far enough. There is no radiation being released by it, and yet it shines on and on by its own power, forever and ever, somehow never exhausting its energy supply.

This secret light has been hidden away from the world throughout history, sometimes referred to in literature as "The Holy Grail", and now in these technologically advanced times, it may prove to be the key to unimaginable advancements in technology. It has the potential to teach the human race about worm-hole technology and teleportation. It could indeed be the saving grace that leads the human race into the vast wonderland of space.

But for now, this Stone of light remains a secret, even though it has been written down countless times in hundreds of books throughout history, and now again in this one. Those books never received much publication, and in fact most of them were never published at all, and only a single copy survived of the work, sometimes still handwritten. And it is that same rare information you will find here in this book, spread around the world with the magic of internet technology, being viewed and printed out in countries all across the globe.

For you dear reader, it will change your life forever, and you will never be the same. A true transformation will take place in both your mind and body. The energy of youth will return to you, and all the aches and pains of old age will heal themselves. More than likely all those prescription drugs will be tossed right out the window. And your skin will never again show even the slightest little wrinkle.

But the central purpose of the Elixir is not for rejuvenation or healing of the human body. Instead, the main goal is to transform the incomplete mind you have now into a completed masterpiece, from lead to pure and perfect gold. And its this drastic change that has kept the Elixir a secret from the general public for so long.

If a company were to start manufacturing the Elixir on a massive production scale, selling it as a "cure-all" to everyone in the world, the consequences would be unspeakable. Evil and malevolent men would gain god-like psychic power, and be able to strongly influence and practically enslave the weaker minded people of this world. A "psychic war" would take place that would be just like something out of Revelations in the Bible. An anti-christ would easily rise up from the masses, and this time he would have power unlike any other anti-christ in history. Think of how horrifying it would have been to see Hitler with the Elixir of Life, able to do terrible things with his mind alone, and also able to live an extremely long life. So then you may be asking yourself, why would I have written this book if that's one of the possible scenarios that might play out if too many people realize the truth about alchemy?

I write this book and place my faith in God that it will never end up in the wrong hands, and if it does, hopefully that person will fail. Through experience, I've found that every negative person involved with alchemy and searching in vein for the Philosopher's Stone will get too frustrated with any processes they attempt. If it doesn't work right the first time they attempt it, they will give up and look elsewhere. They spend most of their time stalking and hunting people who claim to have already had success in making the stone, and they try to convince that person to share it with them. Not very many people who have a negative disposition also have the inspiration and intelligence it takes to do work in the lab. And although this methods written here might seem easy, they don't work every time. Making the salt of dew is a simple

task, but often it lacks the energy needed to convert the gold into the Stone, and nothing happens to the gold.

The audience for which this book was written is a small enough one that I don't see any need to worry. Of the tiny group of people that read this book, only a few will actually succeed in obtaining that great Treasure of alchemy. Even with the simplest processes described in this book, there are always a few tricks you need to know to be successful. And you only learn those tricks through experience.

Later in another chapter you will read more about my opinions on what the consequences might be from this book, and what motivated me to write it in the first place. I also discuss the other alchemy books already written and explain why they don't contain the proper instructions for making the true Stone.

METHOD ONE  
THE UNIVERSAL MENSTRUUM  
from Acranum Arcanorum Arcanissimum 1780

1. From dew collect 150 liters in the first months of the year, or from rainwater that has come down from a thunder and lightning storm. (Note that the Universal Spirit is mostly present in dew).
2. Let it putrefy for one month, then stir it up and distill the most volatile part. Rectify it 7 times, then keep it in a large glass container and keep it in a cool place. Rectification simply means to distill the dew gently, and leave behind the thicker part and any debris or feces that form in the flask. Much like purifying alcohol, the last portion to distill over is seen as useless and is discarded, so when you are done with the rectification process, only a small portion of the dew remains. This is thought to be far more concentrated with the spirit in the dew.
3. After the subtle and volatile spirit has been distilled and rectified, its then time to distill all the phlegm, and keep it for cleaning the salts you will obtain from the caput mortum or feces left behind after the distillation of all the water is complete.

4. When everything has been distilled so the remaining liquid is the consistency of thick honey, raise the temperature still higher until a yellow-brown oil distills over. Separate the oil in a *tritorium* and keep it in a clean glass.

5. Make sure during the last part of the distillation that you don't burn or "calcine" the feces. This will destroy it and it will be impossible to form a salt from it. Remove the feces left in the retort and grind it to a powder with a pestle and mortar, then dissolve it in the distilled phlegm water. Filter out whatever does not dissolve into the water using 3 coffee filters or filter paper in a buchner funnel attached a vacuum. The main advantage of the suction filtration is that it goes much faster, but you will be working with a very small quantity of liquid since you won't have much salt to dissolve. Still, if you are making yourself a little laboratory, a buchner funnel is a must have. In a later chapter you will read about all the wonderful toys you will buy to setup a lab.

6. Now add to it half the spirit you kept and digest it in Balneo Mary water bath (120F) for a day, then distill the Spirit off.

7. Allow the flask to cool down, then add the Spirit back to it and distill it off again. Repeat the distillations until big drops appear, then quickly change the receiver flask.

8. Continue distilling so the phlegm comes over, and when acid drops appear, stop the distillation. (This isn't really acid, but the original author of the text refers to it as acid)

9. When everything has cooled down, pour the spirit back onto the feces once more, and distill away half, then set the flask in a cold place (fridge) and a salt will sprout. If no salt will crystallize, then you need to evaporate a little more of the water. If still no salt crystallizes after evaporating all the water, then your feces (*caput mortum*) was burned during the first distillation, and you need to work with new dew to see if

you can obtain it without burning it this time. It can be very tricky, so don't feel bad if you don't get a salt the first time you try this work.

10. Separate out the crystals that have grown and then evaporate the remaining liquid to crystals. Dissolve and coagulate the latter crystals with the phlegm until it flows in the fire like oil.

11. Pound the first crystals to a powder and add them to the salt which flows like oil. When the salts have cooled down, add the other half of the original Spirit which was rectified 7 times to become very volatile.

12. Set the flask in the gentle warmth of Balneo Mary for 2 days, then pour it into a retort and distill half. Allow the retort to cool, then add the distillate back to the original water and distill it off again. Repeat until you have distilled the spirit 3 times.

13. Add the spirit back to the retort, and this time distill everything, increasing the heat as much as required at the end, so that all of the matter goes over.

14. Pour this distillate into a new clean retort, and distill it to completion 2 more times, and it is now perfectly prepared for radically dissolving all metals and making the Philosopher's Stone thereby.

The preparation of the Stone from gold or silver is done with this menstruum just as its described in the proceeding chapters. With this you have captured from nature the same universal spirit which can be obtained from the Golden Water, but this process involves considerable labor.

In exchange for the convenience of working with dew or rainwater instead of the revolting "Golden Water" from the human source, you have to work much harder to prepare it. But this process shown here is simply interpreted as it was written in the original text, and I believe its far more complex

than necessary. There are several steps that are totally redundant and simply a waste of time and energy. To keep the treasure out of reach from the lazy and uninspired men, alchemists often made their work more complicated. In this way they were able to keep the treasure guarded against all those who would abuse it.

Indeed, my experience with modern alchemists has taught me that if you give them a process that is too easy, they don't respect it, and it always ends up in the wrong hands. But when I plainly describe a process that takes a considerable amount of effort and enthusiasm on the part of the person undertaking the work, very few people even attempt the work, and those that do are serious about the art and have a deep respect for it, so they keep at it until they have success.

I have enough experience with morning dew to know that a very simplified method can be used to obtain the universal salt from it, and in a very short time the Stone can be prepared from the metals with that salt, using a dry path instead of long digestions in a liquid solvent. But although I so blatantly share many different alchemy processes in books like this one, I dare not reveal any fast or simple way to the Universal Medicine, because hardly one in a million people would truly appreciate it, if they obtained such a treasure with such great ease. But I will tell you that the dry path detailed in the third method of the "Golden Water" section can be used with morning dew as well. The processes for both Golden Water and Morning Dew are interchangeable, which is why I call the Golden Water a "philosophical" dew.

## THE TRUE HERMETIC SEAL

also from Acrorum Arcanorum Arcanissimum 1780

1. Make an amalgam of 3 lots tin leaves, with 5 lots pure Mercury in a glass dish. When it has become an amalgam, mix it with 8 lots pure sublimated mercury (probably mercuric chloride, extremely dangerous).
2. Place the amalgam in a retort and in the receiver place 3 lots of the Spirit of Dew you previously prepared. Now distill out a spirit from the amalgam, but be careful not to use too much heat too fast, or the retort will shatter. The receiver flask should be in cold water, and cold water should run through the condenser which is attached to the receiver.
3. The heat needs to be gradually raised until the retort is nearly red-hot. Remember that glass flasks were much thinner and weaker in the 18th century, and they became red-hot with much lower heat. Today's flask are made with a boron-silicate mixture that enables them to withstand high temperatures, and the machines used to make them allow much thicker glass walls, so it would take an insanely high temperature to make them red-hot. Therefore this really can't be used as a guideline, but since I'm only interpreting this process from an old alchemy text, I still included it as the only instruction for temperature.
4. Mix the distilled spirit with that which has sublimed onto the upper walls of the flask and distillation column (mercuric chloride) and place in a clean distillation system, and distill everything over, and you will have a crystalline liquor which you must always keep in a warm place.

This liquid crystal substance makes all glasses soft and tough, so that they can be worked with one's hands. The glass container that holds it becomes like a leather purse which you can press together and open again.

Already the Spirit of Dew of which you made in the previous chapter was able to dissolve all metals without any chemical explanation, and now with the help of the special Mercury amalgam, this Universal Solvent can also dissolve and soften silica glass, but at the same time giving it great strength like steel.

Now to prepare the secret seal of Hermes with which you will be able to seal any flask closed without worry of the stopper ever coming off, you will need to find some pure white quartz pebbles that don't contain any colored veins. Make them red-hot in a crucible, then quench them in a stone vessel that contains some of the Universal Spirit, and they will become a powder. Grind and pound this in a mortar to fine consistency.

Take two parts of the powder and pour 4 parts by weight of the liquor solvent on it. The powder will dissolve and everything will transform into a crystalline substance, together with the glass, and it will reflect light beautifully and be soft as butter. You must keep the matter warm, and as soon as it has contact with the air, it becomes hard as diamond.

When you wish to hermetically seal your flasks, simply rub the glass stopper with this crystalline material. Use a clean piece of wood to pick some of the material out from its warm container, and as soon as it has contact with the cool air it becomes like a dough, which you can form with your hands and place around the grooves of the stopper. It will seal the glass completely, and become harder than the glass itself.

To remove the seal, you must coat it twice with the double liquor which must at all times be kept in a warm place. The seal will then become soft so it can be removed, and it won't be

usable again for sealing, because once it's become slightly contaminated by even the tiniest bit of dirt, it can no longer be used for sealing. All sorts of wondrous artificial stones can be made from this substance, and they will be harder than diamond, but with today's advanced equipment, they will plainly be shown to be fake. Yet being harder than diamond is an unbelievable thing! This material would revolutionize construction of large glass domes for use on the moon or Mars.

## THE HOLY GRAIL

One incredible stone that can be made from gold will actually shine brightly because you use a form of the Philosopher's Stone itself in the making of this stone.

Dissolve gold leaves in the Universal Menstruum prepared in the previous chapter, and you will have a grass-green solution along with an earth that settles out on the bottom. Take one part of this gold solution and 2 parts of prepared pebble powder, and put it in a flask with 4 lots of the glass-making crystalline material which you use to make hermetic seals. Heat the flask gently for one month, and you will see inside a fiery transparent substance forms.

Make a mold using pure gold shaped like a star or diamond with many faceted faces, and pour the material from the flask into it, and set it outside to harden. Then place the star shaped stone in a flask with some of the Universal Menstruum so that its completely submerged in the solvent. After one month of resting in the solution, the star stone will be like a beautiful ruby and will have a mighty light, making it shine like lightning. If you used a diamond mold, it will glitter and gleam the light most beautifully.

This is truly a masterpiece of the alchemical art, and a mystery of science. The source of the light cannot be explained away by modern theories of radiation. The alchemists believed it was pure and heavenly astral light, coming from the higher dimensions into this one. They believed in its spiritual origins because it has power over spirits and will instantly clear out all negative forces from a haunted location, because it burns any malevolent spirits or demons who are not of the light of God themselves. Overexposure to this light can be harmful to humans and animals, so it must not be placed in a living

location where people will be in its presence all day. But regular short term exposure will give the person magical powers and psychic ability, allowing them to "ascend" to enlightenment.

This could very well be the Holy Grail stone that has been written about in various places throughout history. Grail comes from the word "gral", which means "extreme power". And although most people know the grail as being a cup or chalice, it wasn't always thought of being in that form.

The first person to mention the grail was French poet Chretein de Troyes, and he wrote this about the extraordinary beauty of the Grail: "No gem can compare to the Grail". So obviously in his mind, the grail was like a gemstone, but exceedingly brilliant.

Many other stories about the grail claimed it to be an emerald that eternally glowed with light, or some other form of stone that emitted a beautiful light. By following this process I detailed in this chapter, you will be able to produce a stone from many different metals that will glow in different colors of light. The stone from gold glows red-orange like a burning coal, and the one from silver is clear and burns with a bright white light. The one from copper probably looks like an emerald and burns with a green glow.

I theorize one can also be produced from Bismuth that will appear to be like deep violet-red garnet, and shine with a gleaming red light. The stones made in this way would shine much brighter than those from multiplying the Stone itself to the 7<sup>th</sup> Order, because these stones have a true glass material to focus the light and make it reflect off the faceted faces of the stone if its made in that fashion.

This is quite an extraordinary claim I'm making here, but its what was written down by the original author of the manuscript nearly 300 years ago, and I genuinely believe his

words because I know for a fact his process in making the Universal Menstruum to dissolve metals is true.

He was well aware of the secret power of morning dew, which is a secret kept more confidential and silent than any other way of making the stone. And that's because it's the central secret to making the Stone by the correct and original method. And since because he knew about that, there is a high likely hood that he also knew other secrets most alchemists did not. If his hermetic seal also proves to be able to dissolve glass as he claims, then I will be even more convinced he must be telling the truth about the grail stone.

Hopefully by the time I complete the 3<sup>rd</sup> edition of this book and it goes to print in hard copy form, I will have completed the work of manufacturing this "grail stone" and will have photos to accommodate this chapter. It would be a wonderful inclusion in this book since it's a completely unexpected surprise when someone reads this book. They assume they will only be reading about the Philosopher's Stone and "Elixir of Life", but they will also find the Holy Grail and methods of using the Stones that have been kept so secret, only one alchemy book was ever written that included them, which I mentioned in the introduction chapter as "Hyle und Coahyl" from Ramsdigital.com

## METHOD TWO

from Abraham of Frakenberg  
a distinguished Silesian Knight  
18th century

1. During the months of March, April, and May, three days before the full moon, collect morning dew that has not touched the ground or any plants. Filter it several times, then pour it into a large glass container so that it fills it two fingers high. I know this isn't an accurate quantity since the container could be any width, but its all the original text gives for a measurement. I don't think the amount of dew is important so much as the fact you need to leave enough space in the container for air. If the dew doesn't get enough air, it will fail to properly putrefy.
2. Allow the glass to be hung up in the heat of the Sun and the cold of the Moon for a whole month, until it becomes a golden color.
3. First the water will blacken and stink, then it becomes yellow and acidic like vinegar, then shortly after it becomes green and fat, and butter is seen floating on the surface of the water. Eventually a green earth is produced, then the living spirits will rise to the top of the glass and stick together like the eyes of living fishes. They descend to the earth at the

bottom and in a few days the living Sulfur of Gold emerges from the earth of the same color, and it will shine like a *burning coal*.

4. The solution is now ready for distillation in the gentle heat of a Balneo Mary water bath, until one third of the water is distilled away.

5. What remains should be distilled by itself 10 times, each time putting the distillate back on the matter and distilling it off again.

6. The earth which remains at the bottom of the flask is weighed, and then some of the rectified water is added to it until it stands one finger width above it. The earth is then dried in gentle heat, and more water is added until it has gained three times its original weight.

7. The earth can then be distilled with strong heat, and a celestial Mercury passes over into the receiver flask, which is pure living Gold, and cures all manner of diseases, and renews the powers of man.

8. Coagulation of this red oil gives the Salt of Saturn, which should give a red dust when it has been fermented with gold, by dissolution and digestion.

This Universal Solvent works just as the other did in the previous chapter, and the Stone can be made from it in the same way. This method is much easier and proves that all that is important is to obtain the salt from dew, then digest it properly with the rectified spirit which was distilled 10 times. A dissolving water is then created which not only has power over the metals, but also power over the human form.

But ingesting this "living gold" can be very dangerous. There are no instructions given, and one can only guess what the dosage would be. It's probably safe when diluted in the way I describe for the Stone in a later chapter on dosage, yet I can't be sure. I have yet to succeed in this method because it requires so much to happen by itself during the time the jar is sitting outside putrefying.

Its hard to believe the material would actually glow like a burning coal just by sitting in the sun and moon light for a long period of time. This would be a very big achievement because it would be the ultimate medicine in itself, without the use of gold or silver for the "container" of the astral light. If such a thing proves to be possible, it would be the easiest method for people to use to make the Elixir of Life, and a glowing Philosopher's Stone.

I included it in this book because its something worthy of investigation, written around the same time as the other methods in this book, during a brief time in history when the use of morning dew was becoming more well known to alchemists. They often wrote of the use of one single container, with nothing ever being added or taken away, and heated by a special "natural fire" of nature.

It was discovered that Rosicrucians used sunlight to make their Stone, but it was in a metal spherical vessel where the sunlight did nothing more than heat it up.

In the book "The Chemical Marriage of Christian Rosencreutz", 1459, chapter six describes how the stone was produced in a room designed to focus sunlight by means of several large mirrors on a giant globe hanging in the center.

In the book the author writes:

"I saw a globe hanging from a strong chain in the middle of the room. In this room there were nothing but plain windows, with everywhere a door between every two windows. The doors simply covered great polished mirrors and these windows and mirrors were optically adjusted with regard to one another in such a way that although the sun (which now was shinning brightly) fell only on one of the doors, its light (after the window facing the sun been thrown open and the mirrors had been uncovered) flooded the whole room and was concentrated by skillful reflection on the golden globe hanging in the center; and because the latter was highly polished, the brilliance prevented us from looking on it directly, but we had to avert our eyes to the windows until the globe had been thoroughly heated and brought to the required state. I ought perhaps to say, at this point, that these mirrors presented a most wonderful sight in that ass soon as the sun came out there seemed to be suns everywhere and the globe in the middle shone even more that if it had been the sun itself."

But this book was fiction, and it was an account of his astral travels, and his ascension through the chemical marriage. There are obvious problems with this being a true account of something he actually witnessed. For one, the globe wouldn't have been highly polished if they wanted it to heat up fast. And second, mirrors can't focus sunlight directly in the center of the room, but instead would be reflecting it evenly over the entire room. Concave mirrors would need to be used for this purpose, and only a single large 3 foot concave mirror would be required. It would have the ability to lite wood on fire in a matter of seconds. Also, if mirros were really used for such

purpose, they would be on the ceiling and floors as well; a detail he forgot to mention.

So although this excerpt from his book appears to be cleverly written like a factual event that he witnessed some time in his life, it simply can't be true. Odds are he heard a story about the Rosicrucians using the suns rays and optics to make their Stone in some way. Then he fabricated this story in his mind because it seemed to him that the only logical reason they would need sunlight, would be to heat the flask.

But in reality, sunlight is crucial for the proper fermentation and putrefication of dew if you intend to make a powerful glowing stone like we see in the previous process. We also have another example of the use of sunlight to make a powerful medicine, which comes from Nicolas Pierre Henri de Montfaucon de Villars (1635-1673) who wrote a book titled "Le Comete de Gabalis" which I use to have an electronic copy of on my old computer, but the hard drive *physically* crashed, destroying all the data it contained. I first read about his strange book in Willy Schrodter's book "A Rosicrucian Notebook" which I highly recommend anyone who's interested in alchemy should immediately begin reading at [books.google.com](http://books.google.com) because nearly the entire text has been scanned for free browsing.

His book is the only book ever written about the central secret of the true Rosicrucian Order, which is sex with "elemental" spirits, who aren't spirits at all, but a race of beings living in a dimension between the astral plane and our physical plane. He was murdered for poking fun at the true Rosicrucians, but probably not by a member of the Order.

He was found dead on the highway from Paris to Lyons near Dijon, with a ritual dagger between his ribs shortly after his book was published.

He claimed the Rosicrucians would require a newcomer to make a vow of chastity with human woman before they could

be initiated into the Order, and in return they would have a high likely hood of gaining an elemental spirit for a companion, who would be far more ravishing than any earthly woman and never suffer the wrath of aging. She would be able to materialize a solid body because the "elementals" are race of beings living between the realm of the astral plane and this physical plane, so their bodies are composed of a bright shining substance, loosely textured and diaphanous. More than likely they possess an ability or a technology which allows them to enter our dimension and become as solid as we are.

He is the only person who ever wrote about these beings, and he was murdred shortly afterwards, so its does make one stop and consider that he might have been telling the truth. But his book is written in a way where he's having a conversation with a man, the Count of Gabalis, who tells him everything about the Rosicrucians, and its impossible for him to have remembered every word the man said, and then gone home and written it all down. But Schrodter's footnotes in his book say the word "Gabalis" is actually derived from Cabbala or QaBaLa, hebrew for tradition, and the Gabal of Paracelsus = A telephone connection with the unconscious or *subconscious*.

So perhaps his whole book was about his own words being spoken from a person with higher intelligence and wisdom than himself, his subconscious personified. Who knows if this element spirit business is true, but it would certainly explain why the true Rosicrucians are said to have an invisible college on the astral plane, where members visit through out-of-body experiences, because these "spirits" where said to have built it for them. And it would explain why the Rosicrucians are said to use the entire solar system for their field of practical activities, as in having bases on all the solid moons and Mars. Seems far fetched to think they would have developed the technology on their own, even though they did possess a method of divination that could spell out entire books for them, called the "Rotae Mundi" from which the word "Tarot" was derived. It consisted of a set of spinning wheels that

would rotate (hence Rotae) and spell out words. But I also believe any person who is already gifted with a little psychic ability will gain much more power when they ingest the elixir for a long enough period of time, at least one month. So I'm sure they had the psychic ability to communicate with alien races if they exist and live on this planet with us.

Anyway, back to the point of using sunlight to make the Stone. In his book, Nicolas Montfaucon claims the only way to make contact with the elementals is to first have your eyes cleansed by the Universal Medicine. But of course now days you can just buy an elemental nymph spirit on eBay who will have sex with you in your dreams if you ask her to, and give you psychic powers and all sorts of other nonsense.

His instructions for making the medicine were simple:

"We have only to concentrate the Fire of the World (the sun) in a globe of crystal by means of concave mirrors; and this is the art which all the ancients religiously concealed, and which the divine Theophratus (Paracelsus) discovered. A *Solar Powder* is formed in this globe, which being purified in itself and freed from any admixture of the other Elements, and being prepared according to the Art, becomes in a very short time supremely fitted to exalt the (life) Fire which is in us, and to make us become, as it were, of an igneous nature...and when your eyes have been strengthened by the use of the very holy Medicine..."

He then goes on to give instructions about making contact with the elementals. From the description I originally assumed he meant either a solid crystal globe, or an empty one that is sealed. But of course nothing ever happens in both those cases, and a "solar powder" never forms by just concentrating sunlight on the sphere. Instead it seems pretty obvious that something needs to actually be in the globe, and morning dew is what the previous process used to create a brightly shining substance, that would certainly deserve the name "solar powder" since it literally shines by its own light.

And then its prepared "according to the art" by doing the distillations and the rest of the process.

Perhaps the ideas in this chapter are drifting a little too far into the land of fiction and make believe, but I've seen stranger things in my life, as you will read in a later chapter on the supernatural events that have happened to me, even before ingesting the elixir. And after you make the elixir by one of these methods, you too will begin experiencing supernatural events that blow your mind and make you question everything you think you know about the world.

## METHOD THREE

by the author Nicholas Collette

We find in the wordless book "Mutus Liber" a simplified method of making the Universal Solvent from morning dew and rain water, as well as in sculptures on the Notre Dame Cathedral in Paris. The reason I have always signed my letters to fellow alchemists with the initials "N.D.C." is not only because those are my real initials, but more importantly because they represent Notre Dame Cathedral. Also there is a strange irony that every prescription drug bottle in the US has those three letters at the top corner of the label, because it stands for "National Drug Code". And this "Elixir of Life" will one day put an end to virtually all the pharmaceutical companies.

That might sound far-fetched, but once this book becomes well known and is advertised heavily enough, so many people will be cured of "incurable" diseases that nobody will be able to question the reality of what this elixir is capable of. When you look in the mirror and see yourself becoming younger and younger, day by day, you will smile with that happy and comforting knowledge that every little thing I write about the elixir is indeed true, and you will live an extraordinarily long and fulfilling life. Although if things turn out as badly as the predictions for this planet are forecasting, you may wish you weren't around to live through it all.

1. To begin with, we simply collect morning dew in the spring, through condensation using a bag of ice as I explained in the beginning of this book. After several nights of collection, when you have at least one gallon, then its time to place the dew in a large pot and boil away *at least half*. This needs to be done or the dew won't ferment properly.

2. Store the dew with a towel over the container so its not air tight, but the water won't evaporate. Let it sit to putrefy and ferment for at least one month. You should see signs when the processes is complete, because there will be strange things growing at the bottom, and floating on the surface, and the dew will have become very dark.

3. The distillation can now begin. Discard the first  $\frac{1}{4}$  of water the distills over, and save everything else. Perform the distillation at low temperature, between 120-150F. Dry the matter that remains in the flask with as much heat as is required to remove all moisture from it, but be careful not to calcine or burn the material.

4. Powder the dried material using a stone pestle and mortar, then dissolve it in the distilled water. Warm up the container to see if anything else will dissolve, then filter out whatever remains undissolved, for it contains nothing but impurities. Like I mentioned in the first process, you can use coffee filters or a buchner funnel with vacuum for extremely fast suction filtration. Continue digesting the solution in low heat for an entire day, then distill off the water again.

5. Dry the matter which remains behind in the flask, and then powder it and dissolve it in the distilled water, then filter whatever impurities won't dissolve. Repeat this process for a total of ten times, but on the last time, don't distill out all of the water. Stop when you see a film crystallize, or flux, starting to form on the surface of the water. This is the sign indicating the solution is supersaturated with the salt of dew.

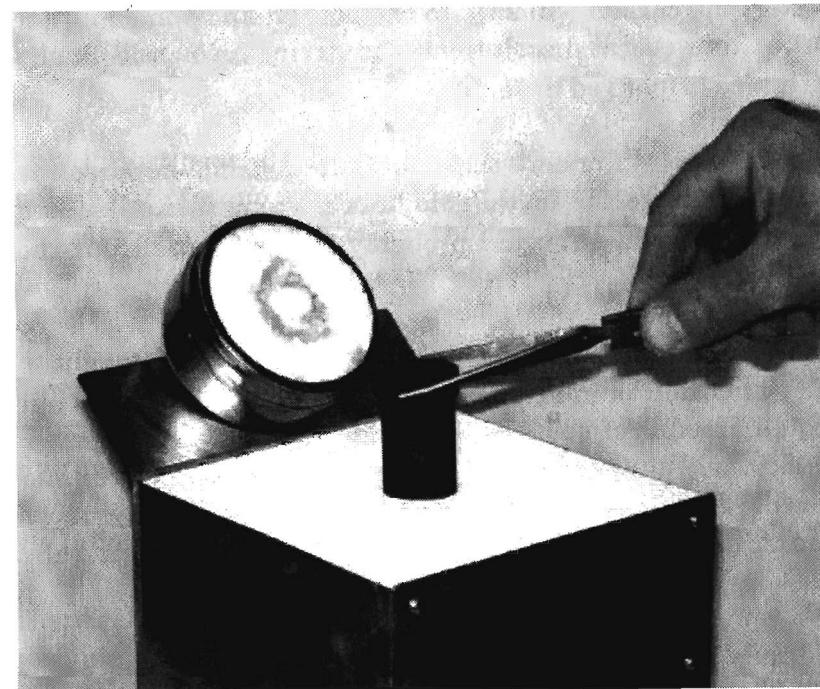
6. Close the flask and place it in the fridge (not the freezer) where the temperature is just above freezing. The salt will begin to crystallize out of solution, and will be beautiful and clear. Thank God for his grace that he has granted it to you, because now you hold the key to alchemy in your hands.

7. Dissolve this salt in a little of the distilled water, and slowly evaporate it to dryness. Repeat these crystallizations until all the distilled water is used up. The salt will now be well prepared for the work ahead. Some say you should also evaporate distilled thunderstorm rain water on the salt several times to give it the masculine energy. It already has the feminine from the dew because of the moon, but lacks the masculine. After that its then placed in a sealed flask to be exposed to the sun and moon light for 7 days to be charged. It couldn't hurt, and may just help ensure the salt successfully transforms the gold into the Stone. We see in the *Mutus Liber* that both dew and rain water are used, so this technique makes sense.

8. Now take a little of your well prepared salt and weigh it, then powder it. Mix it with an equal weight of gold leaf or gold hydroxide and powder them together in a mortar until they are well intermingled, then slowly melt them together in a crucible. Its very important to cover it tightly so no fumes can escape during the intense heating. Let it sit for one hour in this molten sate.

In the photo you can see that I use an electric furnace with a digital temperature controller to heat a graphite crucible up to 2000F; just hot enough to melt gold. I place an iron ring on the lid to keep fumes from escaping. This prevents anything dangerous from happening if too much pressure builds up, but also keeps in the vaporized dew salt, enabling the gold to be constantly attacked by it. The ring comes from [Cynmar.com](http://Cynmar.com) and is used for holding down flasks when they're in boiling water.

The lid itself has stone wool stuffed inside which can withstand temperatures much higher than the furnace can go. And this is the *only furnace* in the world designed with a crucible that sticks out the top, allowing the stone wool in the lid to push against the crucible and seal it well. It's a bit of shame<sup>1</sup> there isn't a side door also, because there is plenty of room inside the furnace to put fairly large objects for firing.



The furnace is from TechnicalSupermarket.com and its version R-9D with a cost around \$300 USD including shipping to the US from London. They hand make them when your order is placed, which takes three or four days, then about two weeks later it arrives. Of course that's assuming you live in the US, when most alchemists I know actually live in other countries; hardly any of them live in the US.

The only problem with a graphite crucible is that it eventually cracks after about ten uses, and it leaves black carbon all over everything, since its essentially a giant piece of pencil lead, just denser to withstand the heat. This will also make your red stone have a grayish tint. But once you dissolve the stone in water, the carbon will sink to the bottom and you can filter it out. After several dissolutions and dryings, you will finally have a nice bright red Stone.

You can't use iron or any other metallic crucible because the stone would tinge the metal gold, and thereby waste itself on the crucible, so there would probably be nothing left but the salt.

To make it suitable for medicinal use, it needs to be brought to the "First Order" of multiplication. So weigh it, then weigh out an equal amount of your dew salt, and powder them together in a mortar. Now repeat the heating as you did before, and you will find your stone has become considerably more pleasant to behold, reflecting light much more like a ruby now.

Eventually, after enough multiplications, the stone will begin to glow softly by its own light. I will have a photo of this beautiful glowing Stone in the third edition of this book. I'm saving most of the photos for that edition because it will be in hard copy, and therefore less likely to be passed around the internet.

## THE UNIVERSAL SOLVENT FROM PHILOSOPHICAL DEW OR "GOLDEN WATER"

Most people will find that working with this substance is far too grotesque a task for them to carry out to completion. And although with distillation the process can be greatly sped up, it's still quite a nasty experience when dealing with this matter.

However, when it's not the right time of year to collect dew, or the methods involving dew are too complex, working with this alternative substance can be exactly what you need. It's called "golden water" because of its appearance, and it comes from the human mine, so I think you can guess what it actually is.

There is a product called "What Odor?" that will take absolutely all the offensive smell away, but it may interfere with the process of putrefaction. It works by wrapping itself around the molecules that smell, and preventing them from chemically interacting with the cells in your nose that detect scent. So there is no smell what-so-ever after you spray just a little of this in the Golden Water. It has been tested on skunk spray and cat piss, so I think its safe to assume it will definitely work for our purposes.

The distillation system for this work needs to be completely sealed, and when distilling you have two options: You can either run a hose from the receiver flask to an air vent or directly out a window, or you can simply seal up the entire system, but then you will only be able to heat it up very gently, probably using nothing but the gentle heat of a heating pad, and it will take weeks for 100ml to distill. The plus side to doing a long slow distillation is that the contents of the flask never become a gunky resinous mess. And a volatile salt, probably ammonium carbonate, forms on the upper walls and distillation column. This salt alone might be able to work the magic on the metals and convert them into the Stone.

An interesting experiment with this salt, is to dissolve it in a little alcohol, then distill out that alcohol, collecting the first liquid to come over separately. It has the ability to dissolve gold and silver which should be completely impossible, and certainly doesn't work with normal ammonium carbonate. And if it has dissolved the metals in such a strange fashion, it can probably be digested for many months and will show the beautiful colors changes seen in other processes, ending in a ruby red stone. But I have yet to perform this experiment myself, so it might not actually work correctly.

Now, a strong word of caution before you begin any work with this "Golden Water". Sometimes the salt you obtain will contain ammonium nitrate, which can explode if over heated, so be forewarned, and test a small sample on a hot plate to see if it "pops" and explodes. Then you will know the salt needs to be further purified before it can be used in a sealed crucible with the gold leaf.

You will notice the methods in this section are similar to the ones in the Morning Dew section, and indeed they are practically interchangeable. Anything you can do with one salt, you can do with the salt made from the other path. And that was my main reason for putting this section in the book, instead of just leaving it to the Morning Dew.

After the stone is made by any of these methods, it needs to be cleansed of the salt. Doing this is very simple: you simply heat the stone either in a strong glass container, or in a graphite crucible in your furnace, and raise the temperature high enough so the Stone will melt and you also see a smoke arising from it. This smoke is the salt being vaporized away.

It's also possible the salt contained material that wouldn't sublime and vaporize, but the heat will have most likely "calcined" the salt and made it become insoluble in water. So if you simply dissolve your Stone in water, you will see a little material remains on the bottom on the container, which of course is the calcined salt impurity, and can easily be filtered out.

After the simple cleaning process, you can then rest assured that your Stone is now prepared for making the Elixir, which I explain how to do in the chapter on "Dosage".

METHOD ONE  
The Spirit or Alkahest from Golden Water  
from a tract by Johannes Isaaci Hollandus  
1744

1. Distill the old clear golden water (obtained from the human source) until all the water goes over that is possible. What distills will be a *spirit* you will save for later.
2. A black feces will remain, which you must calcine for three hours, then dissolve in pure distilled ordinary water and boil for two hours. From this you will make your *salt*. The calcination temperature needs to be just enough to turn the black material gray, but not so hot that it destroys the salt.
3. Remove it from the heat and let any newly formed material sink to the bottom, then carefully decant the top water into another flask, and filter it as well.
4. Boil the water down until it becomes so saturated, a small flux appears to be forming. This is the sign it's ready to be placed in the cold (a refrigerator). A clear salt will sprout, which is of course far purer than the black feces you started with, but still can be purified even further.

5. Dry the salt with low heat in a glass dish, then dissolve it again in ordinary distilled water and put it in a sealed flask, and place back on the heat for a quarter hour. (No hotter than 200F)

6. Remove it from the heat, and again let the newly formed material sink to the bottom so you may pour off the clear water above, and filter it to be sure no impurities came over when you decanted it.

7. Boil down the water until you once again see the sign show itself on the surface of the water, indicating the solution is supersaturated and its time to place the flask in the fridge to sprout pure crystals again.

8. After 24 hours, the crystals should be done forming, and you can remove them, and dry the salt gently on low heat, and save it for latter.

9. Now take your original distilled spirit from the first step, and distill it several more times at boiling point, each time discarding the feces that remains behind. When no more feces forms during the distillations, then it is a sign the spirit is purified and almost ready for use.

10. Distill the spirit once more, but this time use the low heat of Balneo Mary water bath (120F or below), and you will see a black feces forms, which is the last impurity.

11. Now take all your dried salt and place it in the purified spirit and seal the flask well. Heat the flask at 200F for three of four days until you see all the salt has dissolved into the water without feces.

Now you have the spirit prepared properly, without its feces and its crude humors. It has now become very subtle, so much so that it cannot be described. It is of great use, and the next instructions don't fully explain how to perform every operation with it. For this is a way of using this spirit to dissolve metals into their first matter in a quick fashion and produce the Philosopher's Stone in a short time.

By using what you have learned in the methods you already read, and the next methods you will read here shortly, the way to make the Stone utilizing this "Alkahest" or "Universal Solvent" you have just made will become fully clear to you.

## HOW TO PREPARE THIS SPIRIT FOR EXTRACTING TINCTURES FROM ALL THINGS

1. Mix 6 quarts of the spirit with 3 quarts of more distilled golden water and 3 quarts of Aqua Vitae (distilled alcohol from wine), half a pound common salt, half a pound ammonium chloride (sal ammoniac), and half a pound quicklime (calcium hydroxide).
2. Mix everything well together and let it all dissolve, and if any feces remain on the bottom, then filter the water so nothing undissolved remains inside it. The calcium will most likely not dissolve in its entirety.

## HOW TO EXTRACT ALL DESIRED TINCTURES WITH THIS WATER

1. Take the mater from which you want to extract a tincture, such as Sulfur, iron or copper filings, cinnabar, stibnite, or oxides of gold or silver, and pulverize it into a fine powder, then mix it with some of the distilled spirit from the golden water so it becomes like *soap*. Then pour onto it some of the prepared water until it fills the flask half full.
2. Heat until it becomes too hot to touch (around 120F). Don't seal the flask or it will explode as the water dissolves the matter you are extracting from.
3. Shake it up and stir it from time to time until you see the water has become colored by the matter, and carefully decant the water, making sure no feces come over with it. Preserve the decanted tincture by itself in a sealed container, and continue extracting the same matter with fresh water & distilled golden water spirit as before.
4. When you see the water is no longer colored by the matter you are extracting, then it is a sign the work is finished, and nothing more can be extracted from the matter. You can then discard the matter, or do with it what you wish, but it will no longer be needed for this work.

The tincture you have extracted will contain the impurities of the salts you added to the dissolving water. But still, from the tincture from gold or silver, the Philosopher's Stone can be made. However, Hollandus does not give further instruction on the preparation. But from what can be learned from understanding the other processes in this book, it becomes obvious how to proceed.

Most readers will toss this process aside after they read the next experiment, as its much easier to perform and costs virtually nothing, and makes the stone in one flask over one flame, with nothing external added. A simple mixture of the proper Universal Spirit with the calx of gold or silver produces a dissolution and coagulation into the completed Stone of the Philosophers without any further work needed. It is surely one of the easiest paths to the Stone, highly coveted and praised for its apparent power comes from Nature herself, and alchemists were deeply impressed by any method that worked by itself to make the Stone.

**METHOD TWO**  
**THE UNIVERSAL SOLVENT OF NATURE FROM**  
**FROM GOLDEN WATER**  
from a tract by Martini de Delle  
1780

1. The very first storm of the year, collect the rain before it touches the earth, and place the sealed flasks in the sun to putrefy until strange worms and other things begin to grow in them.
2. The same day of the storm, after it has passed, you should dig a hole out in the open air in a ditch of white or red clay. Moisten the sides of the hole with golden water (the Philosophical Dew from the human source) and then immediately cover the opening with a cloth so that air may still penetrate, but nothing may fall into the hole. Be sure the hole is in an open area and not in the shade. The sun must shine down on it during the day, and the moon at night.
3. The following morning when you return to the hole, you will find a salt has formed on the walls. Carefully gather this salt until you have a good quantity. With this salt you can work great wonders on the metals.
4. You now filter and distill the rain water so that it is made pure, and then dissolve the salt in the water until it can dissolve no more.

5. Evaporate the water and the salt takes its power. As the water evaporates, take care to notice when feces deposit on the bottom, and filter them out, then continue the evaporation. Once the salt is dry, add more water, and repeat these crystallizations until no more feces appears during the evaporation of the water. The salt is then made pure by this process.

6. Place the salt in a glass bowl, cover it well, and bury it in the earth. It will resolve into a whey-like water which will attract to itself the power of heaven and earth. If you uncover it and the water has not changed, then let it remain there longer.

7. Pour this thick water into a clean glass, seal it, and place it in the fridge for storage until you are ready to use it.

8. Take some purple or yellow gold hydroxide and pour upon it 6 parts of the water, then immediately seal the flask and set it in a vapor bath of the first degree of the lamp fire (120F). Make sure the heat never goes out until the matter has proceeded from the black to the white stage.

9. After it has whitened, increase the heat to the next degree (200F) until the desired end is achieved. You will see first an eclipse of the Sun (Gold), after that the Peacock's Tail in all its beautiful splendid colors will show itself, then a supreme whiteness, and at the end, a perfect redness.

10. When the matter is dark red, remove it from the flask, pulverize it, place it into another clean flask, and pour upon it twice its weight in water (the same water from step 7).

11. Repeat the process of fermentation and coagulation as you did before, and this time your stone will be multiplied 10 fold, and will be the medicine of the 1st Order. It can be verified through proper transmutation of lead to gold, and one part of this stone should only transmute 10 parts of lead to gold.

Each time the stone is multiplied, it will increase its power 10 fold and become the stone of the next Order. Its dangerous to attempt to consume the medicine after the first multiplication because it easily can kill a person.

And so by this simple technique, using just the one flask heated by itself, without adding anything external, any person is able to make the red stone from Gold or the white from Silver with no cost except for the metal required in the work. This is one of the highest secrets of alchemy work because it does not involve the use of other chemicals agents to make the water able to reduce the metal to its first matter. It relies strictly on that special salt from the human nature, found in the Golden Water so many despise and think of as useless.

Unlike the other processes in this book which use the same Golden Water, here in this method there is no difficult distillations of the water and the preparation of the salt is done in the simplest manner by the aid of nature alone.

Read the chapter on "Dosage" in this book for further instructions on making the Elixir from the Stone and its effects. The stone itself will also contain the salt from which you made the dissolving water, and it can be removed by simply heating the stone on a hot copper plate so that it gives up the salt in smoke. You will notice that it tinges the metal gold. Then you are left with the mysterious glass-like substance made from gold, but no longer assays to be gold, and has incredible powers for feeding the light body of man and immortalizing his physical form, keeping him in perfectly youthful condition, free from all decay, until the day the Lord calls upon him to return home and give up his physical body.

## METHOD THREE

from MIXTURA PRAECIPUA MAGISTRALIS

1780

1. Let the Golden Water stand for at least 40 days until it putrefies, then distill from it the spirit by itself, and evaporate the remaining phlegm to dryness using low heat so as not to burn it.
2. Pour the spirit back on the resinous residue in the flask, and circulate for several weeks in mild digestion. The spirit will extract the salt and sulphur contained in the residue.
3. Now filter the spirit so its free of the residue, and place it in a clean distillation flask. Then distill the spirit off gently until a skin begins forming on the surface of the water. This is the sign that the solution is now supersaturated, and can be placed in a fridge so beautiful bright red and dark red transparent crystals will grow.
4. Grind the crystals to a fine powder with an equal weight of gold leaf and melt the mass in a graphite crucible with a lid sealing it like I described early in this book. The gold will be transformed into a glass-like material, roughly resembling a ruby in appearance.

5. Take one part of this glassy red material, and mix it with one part of the red crystals you obtained from the Golden Water, and grind them well together into a fine powder.

6. Seal it hermetically and set it in the gentle warmth of Balneo Mary for 91 days. It will be congealed and should flow like wax without fumes when placed on a hot copper plate. If it does fumes, that is just the salt impurities vaporizing. This is the medicine of the First Order, one part being able to tinge 10 to 13 parts hot Mercury into gold.

7. Repeat the multiplications by pounding the glass again with more of the crystals, and repeating the gentle digestion for 91 days. Eventually after repeating this process and being multiplied far enough, it will only take 8 days of digestion, then only 3 days, and one part will tinge two hundred thousand parts Mercury into pure gold.

After you pass the Seven Order, the stone will begin to glow by its own light, like a soft burning ember or coal. Some try to explain this away by claiming it's the phosphorus present in the red crystals from Golden Water, but even when the stone is melted and all impurities evaporated away, it glows the same.

And indeed this stone glows exactly as the one made with the salt from morning dew, so phosphorus cannot be the cause of the eternal light. Do NOT pick up the stone when its in the glowing satge.

Used as a medicine, this stone should never be administered without first removing the impurities via heating and evaporating them away. And then only the stone of the First Order should be used as medicine, although some alchemy texts claim the stone of the Third Order can safely be ingested in a tiny dose, but then only once a year or it will surely kill a person.

Be sure to read the chapter on Dosage, because even a tiny speck of this stone, no bigger than a grain of salt can potentially kill you.

Some have also claimed this process can be greatly sped up by simply melting the crystals with the glass-like material made from the gold, just as was done with the gold itself in the first place, and each time the stone will be multiplied in power ten fold without having to wait 91 days for the slow heat of the Balneo Mary water bath to do its work. If such a thing is true, then in one day you can make the stone and multiply it all the way to the highest power.

## THE "VAMPIRE" PATH



Many people find themselves strangely attracted to the idea of vampirism, probably because movies have done such a wonderful job in making the vampire appear seductive and alluring. Their eyes are bright and piercing, and their ability to use psychic power to enhance sensual pleasure makes the thought of being taken over by a vampire very intriguing. And the idea of being bitten and becoming a vampire with god-like powers is something many people fantasize about, at least when they're young and still imaginative.

But this chapter isn't about how to become a vampire, although if you do desperately desire to have a vampire companion of your own, you can now buy a *vampire spirit* on eBay, attached to a piece of vintage jewelry. It will cost you anywhere from \$20 to \$500 USD. They also sell all kinds of accessories to help you communicate with your vampire spirit. They claim the vampire was alive at one point in history, but is now dead and seeking a human companion to share their power with. Being bound to a physical keepsake like a ring or amulet allows these spirits to remain on this plane and perform physical magic. Normally the spirit would need to use a great deal of power to cross over to our world, but by wearing this haunted jewelry, you are creating a portal for them to easily access you.

Let me know if it works and your vampire actually materializes for you! You can even pick out what height, eye color, hair style, and personality she has! Is there anything they *don't* sell on eBay? You laugh but I flipped a coin to ask if this stuff is real, and if vampire spirits are actually bound to some of these rings, and it landed on heads over 20 times in a row! Spooky!

Search eBay using the words "haunted vampire" and you will find a plethora of vampire spirit items to choose from. The ones people say are genuine are from the two groups "A New Golden Dawn" and "Treasures From the Mystic World", and not surprisingly, they know each other but they don't tell people that. Neither of them sell any great quantity of items, so its obvious they aren't in it for the money. They claim their vampires are "good" and not evil in any way, but that could just be the vampires tricking them.

Anyway, back to alchemy. In this chapter we will explore the method used to make the Stone from human blood of course. Virtually any bodily fluid can be used to make the Stone, including human sweat. Blood was a very popular method because it was the first method taught to the Rosicrucian initiates, and they had to do this long and smelly process of

digesting blood in a flask that has a "breathable" cork stopper, allowing the smell of a rotting corpse to escape the flask and fill the whole house. To make matters worse, horse dung was the material used to keep the flask warm since it was free and readily available from their horses, and unlike a fire, it didn't need to be maintained and constantly tended to. As the horse dung naturally fermented, it could reach a temperature of 150F if the flask was completely covered in it, with only the stopper sticking out. Tap water that's too hot to touch is only 120F, so you can image what a steaming pile of horse dung would do to your house.

The stories of vampires probably stemmed from the alchemists who required large quantities of human blood to perform their work. And since these alchemists also didn't age, the story of vampires being beautiful immortals developed. And the alchemist also gains incredible psychic powers, possibly even the ability to levitate and bio-locate. Everything about the alchemist fits perfectly with the vampire myth.

*For those who are interested in this path, it goes as follows:*

They would gather at least half a pound of blood, but no more than a pound, and let it sit out in a bowl covered with a cloth, until it separated itself into two layers; one clear and the other red. This usually took about 5 or 6 hours time. The clear layer is thrown out, because its useless and only impedes the work. The red portion was allowed to dry on a cloth which absorbed the water until the blood became like soft cake.

Then it was placed in a 2 liter long necked flask without using any metallic utensils, with a porous oak stopper. The stopper is wrapped in thin strips of linen cloth so that it can expand when saturated with moisture. The oak stopper needs to go all the way down the neck of the flask so the bottom of it is level

with the top of the flask, making the flask like a perfect sphere. The top of the stopper should be one inch below the top of the neck. Lutem is placed around the edges of the top stopper where the cloth is, but not on the cork, because remember, air needs to pass through the cork for the process to work successfully. The lutem itself is made of egg whites and Plaster of Paris or calcium carbonate. A strong sealing wax can also be used, by simply dripping it around the edges.

The flask is heated gently around 100 to 110F. If it's heated too high, the matter will dry up instead of liquefying. Every morning and night the flask needs to be swirled in a circular motion to help move the red earth around help it liquefy. This usually takes about two or three weeks. After its all converted to liquid which is called the *Chaos*, its no longer necessary to shake the flask. An inexpensive heating pad can be used to heat the flask at this early stage because it provides plenty of heat.

The flask must never be allowed to become cold, or the process will fail and you will need to start all over again with fresh blood. The stopper will become black as the phlegm fills the cork and makes it swell, hence the reason for the cloth between the stopper and the flask. After liquefaction, putrefaction begins immediately. You will see veins running down the sides of the flask, down to the ruby water in the bottom. After those veins and streaks have dissipated, the beautiful Peacock's Tail will begin, sometimes like a rainbow of color all around the flask, sometimes purple or green, and gold or silver. This stage is called the *Raven's Head* and lasts around 150 days, or about 5 months. The smell will be exactly like a decaying human corpse. You may be able to use a wonderful new product called "What Odor?" to eliminated the smell. There is no doubt it will work, because it even works on skunk spray 100%, but it might impede the work and prevent proper putrefaction.

After the *Raven's Head* stage has passed, the smell will have diminished greatly, and the *Choas* ruby red liquid will have become a dry brick red earth. It will be settled on the bottom of the flask and must not be moved or disturbed in any way.

Then sublimation will begin. The spirit forsakes the body and invisibly ascends and descends, filling the flask will different colors, one shade at a time. Sometimes the flask will appear to be polished steel, then polished copper, and sometimes blue, green, red, or purple, or even polished gold. Little spots in various colors will also be seen, like a peacock's tail.

After eight or nine months of this impressive show, everything becomes white like flowing mercury, then the universal spirit sublimes and fixes itself to the bottom of the oak wood cork stopper, looking like bright silver. It remains their for three of four more weeks, and below is the useless gray earth, called *Terra foliata* and of no use if you chose to take out the sublimated salt and use it to make the White Stone. But if it's the Red Stone you desire, then do not open the flask, but keep it sealed and continue to heat the flask, increasing the heat up to 130 to 150F. The white salt will ascend and descend into the earth or body below, again going through all the wondrous colors cycles. At first the earth becomes an orange then a saffron color, then a bright fiery red. This slow process of changing from white to red will require three or four months, and sometimes longer.

The salt will then form on the bottom of the stopper again, this time with a red dust of earth, or the dead body, laying on the bottom of the flask, no longer of any use because all the life has been taken from it. Collect the red salt from the stopper and praise God that he has granted it to you, for this is the red stone in its infancy.

To multiply it and make it suitable for medicinal purposes, you need to weigh out 4 parts with 10 parts double or triple distilled mercury metal as is sold on the internet. You can also purchase artificial cinnabar powder, Vermilion, from an artist

oil paint supply company by the name of Natural Pigments. They carry a line of pigment powders from the company "Rublev Colours". Their pigment is 100% mercury sulfide, and all you need to do is distill the powder in an iron retort with iron filings to help pull the sulfur off.

The end of the iron pipe is attached to a cloth "tube" which has the outlet under water. This prevents mercury fumes from escaping into the area, but also prevents water from suctioning back up into the retort when the heat is removed, causing an explosion. You can purchase a mercury retort from A&B Prospecting online.

You won't need much mercury since it's so incredibly heavy and the amount of your red salt is so small. You will probably only have 400 milligrams of the precious red salt at most, so you will only need 1 gram of mercury metal.

Envelop your red salt in softened beeswax, then heat the mercury in a graphite crucible at 700F until it begins to smoke. Immediately remove it from the furnace and throw in your ball of wax, stirring with a glass rod until an amalgam forms.

Place this small amalgam in a tiny 2 inch flask, or one where the amalgam takes up no more than 1/4th the space, with the same stopper setup as you used before. If the flask is a little too large there is no harm, but if it's too small the flask may burst.

Place the flask in a sand bath at 140 to 150F, with the sand covering up the entire flask and most of the neck. After about three months, the stone will be glowing like a fiery coal, and it will need to be removed from the hardened earth beneath it. The flask will have to be broken to get to it.

This medicine will dissolve easily in wine and water, and is the most powerful medicine for the human frame. It already transmutes 10 parts of lead to gold without any fermentation

with gold. (That part I find hard to believe, because why would it transmute metals to gold if it's not made from gold?). The white stone likewise is said to transmute lead to silver without the need of fermentation with silver.

But to increase the quantity of the medicine for use only in transmutation, it can be melted with pure gold in the ratio of 1 part stone to 4 parts gold, and it will form an orange red glassy material that is no longer soluble in water or wine, and poisonous for the human body, now only useful on metals, and can't be multiplied any further. But there is now a greater quantity of it, so it has been multiplied in quantity but not in power.

Like any other process, you can repeat the multiplications by using more mercury; enveloping your stone in soft beeswax and throwing into hot fuming mercury to form an amalgam. But anything after the first multiplication is no longer safe for human consumption, because the fire is so great it would "burn" the body.

This method of using blood to make the stone is very strange because it seems completely backwards. Normally you would use the salt to make gold into the stone, and then you would use more of the salt again to multiply the gold stone. But with this method, the salt itself is multiplied by using mercury. It may very well be possible to do the same with dew salt, and multiply it using mercury, allowing it to glow after the first multiplication. Perhaps mercury metal itself contains the universal spirit we believe to only be found in the dew salt, or golden water salts. It's very strange that instead of making a stone from mercury, the metal itself makes a stone from the salt used on it.

The red stone of the third order can be placed in a sealed flask and hung in a dark room, and it gives light like that of a fiery coal. To achieve the same thing with the stone from dew salt and gold, it takes 7 multiplications.

The work with antimony also has strange peculiarities, and instead of forming a stone, the antimony becomes a brightly shinning flowing oil. I may put that work in the third edition.

## RX

### DOSAGE

From Sigismund Bacstrom's *"Rosicrucian Aphorisms and Process"*, 1797, faithfully translated by Adam McLean of AlchemyWebsite.com we find these instructions.

The instructions for dosage of the blood stone are as follows:

Take 4 ounces of highly rectified Spirit of Wine (95% alcohol, but best if made from wine) and add to it one single grain of the stone of the First Order. One grain equal around 65 milligrams. Continue adding another grain, and another one, until the spirit becomes like beautiful ruby color, like that of Burgundy wine.

"With this glorious Essence we tinge a pint of Madiera or Lisbon or good old Rhenish Wine, dropping our Ruby Essence into the White Wine until the latter become of a deep orange or pale Burgundy, or deep Malaga colour, and appears so in a two ounce phial."

The dose is one teaspoon, once or twice in 24 hours, in dangerous or chronic diseases like cancer two doses will be required, once every 12 hours. But only one dose is needed for most other diseases.

For the stone made from gold or silver, Robert Nelson's book "Adept Alchemy", (highly recommend, and available for free viewing at RexResearch.com), gives an extract from the anonymous book "Tractatus de Lapide" which is quite scary, because it cautions you not to even take a quarter grain of the stone or it will surely kill you, and yet that is the exact dosage

said to be safe in Bacstrom's Rosicrucian Aphorisms,  $\frac{1}{4}$  of a grain, or 16 milligrams. A single milligram is about the size of a grain of salt, yet that compound is much lighter than the stone, so 16 milligrams is probably smaller than a grain of salt.

Surely if a person wanted to test their stone, they would happily assume a single grain of salt, like a speck of dust, would be far too small to harm them. And this is why you must *always* test on plants and animals before testing it on yourself!

But here are the instructions given by the anonymous author in *Tractatus de Lapide* because they are some of the only instructions available for dosage:

"Take the quantity of four grains, I do not mean the grains of Wheat, or Barley grains or corns, but four grains of Gold weight (260mg), and dissolve them in a pint of white or Rhenish wine, but in no hot wine, as Sack, &c. put it into a great clean Glass, and instantly it will colour all the Wine almost as red as it self was, which is the highest red in the World: let it stand so, close covered from dust, four days, for in respect it is an Oylie substance, it will not presently dissolve in Wine; then add to this pint more by degrees, until it be not so red, stirring it with a clean st<sup>i</sup>ck of wood, not of metal, nor Glass, and so continue the pouring on of fresh Wine, until it be just of the colour of gold, which is a shining yellow. Beware that there be no redness in it; for so long as there is any redness in it, it is not sufficiently dilated, but will fire the Body, and exhaust the Spirits: neither is it sufficiently brought to yellow, until the Wine have round about the sides a ring like Hair, of a whitish film, which will show itself plain when it is well dissolved, if it stand but four hours quiet. As soon as you see this whitish film, then let it run through a clean linen Cloth, or Paper, so the white film will stay behind and look like a pearl on the paper: and all the rest will be yellow like Gold. This is the token of truth, that you cannot wrong yourself by this Liquor; and without this token, it will

be either too weak, or so strong that it will fire the Body. Know this to be a rare Secret. Of this Golden Water, let the party (of what disease soever he be sick of) take each morning a good large spoonful, and it shall expel the disease whatsoever it be, by a gentle sweat; for it purgeth not, nor vomiteth, nor sweateth so much as to make faint, but to corroborate: I say, it strengthens the party; and if the disease be of many years continuance, or a Chronical disease, it will then be perhaps twelve days, otherwise but twenty four hours, or two or three days at most. Thus it must be used for all diseases internal: But for all external diseases, as Ulcers, Scabs, Botches, Scores, Fistulas, *Noli me tangere's*, &c, the place must be anointed with the Oyl of the Stone it self, not diluted in wine; and after this manner it must be done nine or ten days, and be it whatsoever it will, it will cure all outward and inward diseases.

And more than this, whosoever carries this Stone about him, *no evil Spirit can or will stay in the place*; nay bringing or giving it to a party possessed, it drives away and expels the evil Spirits: for it is a Quintessence, and there is no corruptible thing in it; and where the Elements are not corrupt, no Devil can stay or abide, for he is the corruption of the Elements.

This Medicine taken nine days as aforesaid, and the Temples of the Head anointed with the Oyl of the Stone each day in the Morning, it will make a man as light as if he could fly, and his Body so aerial it is not to be credited, but by him who hath experienced it. These most admirable qualities it hath, perfect health it giveth, till God calls for the Soul; and perfect knowledge it giveth (if the truth be known:) but even this part hath been known but to a few that have made it, for it is a Divine, and as it were an Angelical Medicine. The white is not to be used for any disease but Madness, in the same proportion, and way or preparation that the red Stone was..."

These instructions, while they may appear to be different than the first, are actually exactly the same, just done in a different manner but the end result is wine so diluted that its no longer red, but only deeply golden, almost orange. So we have two entirely different alchemists living in different countries at different times, neither one knowing anything about the others work, and the instructions are identical. This gives me strong confidence that we can trust these methods of diluting the stone. While this isn't a very accurate gauge, at least we know that no redness should be left or taking an entire teaspoon at once will surely kill you.

The instructions for gaining psychic powers are a little different. The preparation of the elixir is still the same, but instead of taking an entire teaspoon, you only take a single drop in a glass of wine each day for 30 days or longer if you can bare it. The energy contained in the elixir will strengthen the Archaeus (pineal gland) and cause the senses to be greatly amplified so that one will hear and see the beings of the elements, known most commonly as the "elemental spirits" though they aren't spirits at all, but a superior race of beings living in a dimension just outside our normal senses.

Some people might develop the ability to see and hear actual spirits of departed loved ones, but the elementals are beings that apparently everyone who takes the elixir in the proper dosage for the right length of time will come to know, and when they notice you watching them, they will have no choice but to initiate you into their wondrous world, as crazy and insane as that may sound.

Edward Bulwer, Lord Lytton (1803-1873) wrote in Zanoni (1842, Book The Fourth, chapter 4): "Because the very elixir that pour a more glorious life into the frame, so sharpens the senses that those larvae of the air become to thee audible and apparent...". Lordy Lytton was a high grade initiate of the "Hermetic Lodge" at Alexandria, and a practicing magician. His novel was fictional, yet partly autobiographical which is apparent from the high level of detail he went into about

alchemical teachings. I highly recommend reading his book if you can locate it. I had an electronic copy on my old computer, but like I said in an earlier chapter, the hard drive physically crashed, destroying ten years worth of collections. Ironically just days before it crashed I was searching for an external hard drive to backup the internal one that was only 40Gigs, and stuffed to the max with alchemy books.

But I got the knowledge I needed from those books, and I guess it was time for a clean slate. I might never had been able to find my way to the morning dew path if I kept all those other alchemy books in my mind. Some contained valuable words of wisdom, but most were just long winding roads leading to a dead end.

Its amazing that an entire Cathedral was built with rich alchemical symbolism all over it, plainly showing the importance of morning dew, and hardly any modern alchemists pay it any mind. Perhaps with the advertisement of this book they will learn to appreciate the path of the Morning Star, Venus, which rises only right before sunrise.



## ASTRAL FIRE

"The great transcendently perfect Stone of the Wise is none other than a pure, concentrated and congealed heavenly fire."

- Peter Steiner in  
Von der Universal-Materie  
[The Universal Matter]

What could possibly be inside the morning dew and the human fluids that could work the kind of miracles we see happening in the Elixir of Life? What is it that modern chemists have missed? Why is there no way to measure this strange energy with any electronic sensor equipment?

I believe the answer to be exactly as the alchemists explained it in their manuscripts. We assume because they didn't have technology, and didn't understand how the universe works, and didn't even know about atoms and molecules, that these people were just foolish and naive like little children who hadn't yet learned how the real world works. But these alchemists were able to obtain answers to any of their questions because the elixir makes you that incredibly psychic.

So then, what is their grand explanation for what exactly is in this elixir? Energy or light from the Astral plane, that feeds your astral body. You can prove to yourself that you do indeed have an astral body by simply learning to leave your body (astral projection - a term actually invented by the Rosicrucians) and then fly into an electrical power line, and you will be pulled into it and won't be able to escape for quite a long time. It will carry you down the line until you reach a place where the power is grounded out. So electricity is able to control your astral body, and that is proof it is a real manifestation, not just an image of a body you have created in your mind.

The alchemists said that if you feed this astral body with astral light, it will become overcharged and this will allow you to very easily leave your body. If you have ever astral projected, then you know there is an extreme vibration that happens which allows your astral body to separate from your physical. Modern new age books tell us this is because your pituitary, pineal, and hypothalamus glands all vibrate together and produce a standing columnar wave which has greater energy than the sum of its parts, but that is only a theory with no evidence of any kind to back it up.

So their solution is to do meditation exercises that bring energy to these 3 higher glands or "chakras". In other words, they do inner alchemy to try and accomplish what we do with out elixirs. But try as you might, those methods will *never* be able to do even one tenth of what these alchemy elixirs do. People like reference Tibetan monks and all their astounding mental abilities, pointing out that they only use inner meditation and breathing techniques. But that is not true; even Tibetan monks drink a powerful alchemy elixir which made from morning dew, and indeed is identical with the ones detailed step by step in this book.

The alchemists believed the sun does more than just give visible light — it also gives invisible light which is the astral light needed to charge your astral body. They believed gold

was a concentrated form of sunlight, and silver was a concentrated form of moon light. They didn't understand that the moon was the sun's light reflected. So to work with these metals, they would need to use energy from the sun and moon. Morning dew was a magical substance that seem to materialize in the form of the heavenly mist hovering over the ground during the early morning hours, just before sun rise. They thought of this as forming from the action of the Moon's rays upon the earth's surface.

And rain from thunderstorms which occur only during summer, the brightest time for the Sun, was thought of containing the energy from the Sun high up in the sky. They had no knowledge of space, so the sky was the highest point in their minds, and the Sun wasn't too far from the clouds. The only way to get water charged with sunlight was to capture the water that fell from the highest point in the sky, closest to the Sun.

This convoluted logic actually helped them to discover the powers hidden in these waters, so it was a good thing they were oblivious to how the universe really works. But their theories aren't entirely incorrect. We now know the sun does indeed give off all kinds of particles besides photons of light, and it could indeed be the reason why these certain waters contain something ordinary water seems to lack.

I strongly believe that anyone who has a natural talent for psychic ability and has accessed that power at some point in their life will become increasingly psychic the more they consume the elixir, so I know some of the alchemists must have figured out something we still don't understand about astral energy and the way the Stone does what it does.

Perhaps when the elixir becomes well known to science, they will be able to run a million tests and spend exorbitant amount of tax dollars trying to figure out exactly why the elixir does what it does to the human mind, spirit, and body. We shall see...

## CONSEQUENCES

What are the consequences of this kind of book being released to the public and heavily advertised? I can't pretend to know what will happen, but I've spent so long running an alchemy website and an alchemy forum that its made me grow comfortable sharing this information with people. I help people make the elixir in one on one email exchanges, and so far the only negative consequence to come from it all has been the abuse I've suffered from people who hate me for no good reason. Some of them truly believe I'm some sort of fraud, and now since I'm selling a book, they accuse me of doing it all for the money. I won't bother wasting your time by explaining all the reasons I do what I do. Yes I care about the money, but not because I want to buy a bunch of useless junk. I don't spend all day daydreaming about a big house and fancy cars, and speeches at black tie affairs; I only think about how exciting it is to think of all the people I can make aware of alchemy and the Elixir of Life if I have more money for advertising.

If you read my psychological profile on my website, you will see that I care about only one thing --- making a positive impact on this world; and the bigger the better. With all the impossible coincidences and serendipitous events that led me to discover all that I have in alchemy, why would all of this have happened if I wasn't suppose to write a book about it? Its

true there might be a few bad people that will gain a little power from the elixir, but the amount of lives that will be saved and good people that will become empowered to help this world will far outweigh the bad.

I'm convinced that a negative mind will self-destruct after taking the elixir, because it causes you to feel things that are from the heart, and if you've been shut off from your heart your whole life, opening the door can be a hell of a blow to your wicked mind. It sure would be nice if all the evil and wicked people were just automatically dealt with by developing an conscience, and starting to care about who they've heart or wronged. But maybe that's just wishful thinking. If it were that easy, then why has the elixir been kept secret all these years if there are no negative consequences to releasing it?

If a company started manufacturing the elixir on a massive production scale, that might pose a serious problem. But I'm not at all worried about that happening because these processes are highly unreliable. They don't work 100% of the time and no chemical synthesis can be derived that can be easily followed to make the elixir; there is no chemical formula for it.

For the most part this is going to be thought of as complete nonsense by mainstream science, chemistry, and physics. Not even every person who reads this book will believe it enough to actually try it, even though they had enough interest to buy it and read it.

But there are a lot of people out there who believe in the most ridiculous nonsense, and their numbers are staggering. All you need to do is look at the book sales of insanely idiotic books like those about shape-shifting reptilian aliens taking the form of humans and ruling the world as all the Presidents of all the countries. If such a ridiculous thing was actually happening, then where is the world control? They don't seem

to be doing a very good job at it, because apparently nothing is getting accomplished.

Those type of people are often the ones who are drawn to the paranormal and eventually find their way into the alchemy community. They believe this book is true without any doubt in their mind, and this time they actually happen to be right!

So the book will get out to a lot of people, there is no question about that. But are those people really the evil insane nut jobs that would use the power they gain from the use of the elixir for evil purposes? No, they are mostly just teenagers or young adults with over active imaginations, and they've read one too many conspiracy theories.

On the other hand you have the new age people who believe in feng shui, vibrational healing, and useless pieces of metal with geometric designs printed on them having massive powers because of "sacred geometry". I've seen little plastic disks with nothing inside them, and just a neat looking geometric pattern engraved on the outside that sold for hundreds of dollars and the people who buy them truly believe the piece of plastic is actually doing something to help them! It is an absolutely loony-toon world out there. I've also made the mistake of getting romantically involved with a girl that was completely insane and totally unfit to live in real world. It sucks to think you found your soul mate in a girl who pretends to be interested in alchemy, then a few months later turns out to be wicked and evil down to her very core, and takes out all her aggression from having a terribly life on you.

Anyway, I guess my point is that I have a really hard time convincing sane, normal, every day people to believe in alchemy. It seems like everyone involved in alchemy has a screw loose in some way. Just when you think they're normal, they do something that lets you know just how crazy they really are. I'm glad books about ridiculous reptilian mind control aliens exist so we can tell who the loonies are! But who

am I to talk when I'm mentioning similarly insane things in this book like elemental spirits marrying the Rosicrucians. Maybe I'm also just as strange as all the other people who are interested in the paranormal world.

The point is that evil geniuses aren't paying any attention to alchemy books. The personality types I just described probably account for at least 80% of the reader audience for alchemy books. The truly evil people who desire paranormal power tend to believe it can only be obtained from one place — the devil. And even though such a super powerful demon doesn't even exist, when people believe he exists and they do rituals in this name, sometimes what they wish for actually comes true, even the death of someone they hate. So it's irrelevant if the devil is real, because the power works as long as the person truly believes such an all-powerful being is carrying out their wishes.

That's a very disturbing thought, but the one way to protect yourself from such an attack is to have power yourself. And the elixir has the ability to give people that power if they work on developing it. I won't be so bold as to say that every single person who ingests the elixir will become some super hero, but a higher percentage of them will develop psychic ability than those that will experience no change what-so-ever. We've all met someone at some point in our lives that was just so stubborn, nothing would ever be able to change their minds. Those are the people who probably won't experience much of a mental change from the elixir, only physical healing.

Now what about all those other recent alchemy books that claim to present a correct path to the Stone? How is my book any different than theirs? Well its simple — their books simply do not contain the correct interpretation of alchemy texts or how to properly produce the true Stone. If they did, a large mount of people would have succeeded by now. The reason I know their methods don't work is because I've never seen anything similar to them written in old alchemy texts,

and they don't follow my 12 rules that a true path to the Stone has to follow in order to work.

For some reason the idea of working with mercury metal has become very popular, yet I see no examples in alchemy literature where this idea came from. Mercury is mentioned everywhere in alchemy manuscripts, but rarely does it actually mean the metal. Some methods these other authors are writing about even attempt to heat the sealed flask up to 600F or hotter, and they actually believe the flask won't break. Then when it does, they claim it was meant to break because they weren't prepared for the Stone, so God wouldn't let them have it.

Distilling mercury with other metals in a vein attempt to "charge" it is also another popular method. Gold dissolved in this mercury will indeed make it hot if the gold is a fine powder and enough is added, but that has no significance in making the Philosopher's Stone, unless maybe you were going to use that mercury in the "Vampire" Path with the salt made from blood. But heating the gold and mercury together will never produce the Stone, no matter how hot you heat the vessel, or how long you digest it.

And then the most popular method that claims to be the Philosopher's Stone of antiquity is of course the David Hudson "white powder gold scam". If you don't know who he is, consider yourself lucky. His scam was so good, he even had the well known highly esteemed author and historian Laurence Gardner so convinced of the reality of "white powder gold" being a room temperature superconductor that was the secret "food of the Gods", it made him write several lengthy books on the subject, which made him millions, but its all based on a false belief in the "white powder gold". He even theorized that the Great Pyramid contained large amounts of white powder in the sarcophagus of the King or Queen's chamber. His entire theory of how the technology of levitation and space travel was accomplished by ancient astronauts was based on the existence of an exotic form of matter Hudson

called S-ORME (superconducting orbitally rearranged monatomic elements), but the US patent office and modern chemistry calls gold hydroxide, which is why Hudson was denied a US patent; he refused to change his "marketing phraseology" to the accepted proper names of the compounds produced in his patent.

If you watch one of Gardner's videos, he does a very good job of convincing himself and the audience that all this Hudson nonsense is true, without any scientific evidence to back it up. Nobody has ever made a room temperature super-conductor by the methods in Hudson's patents because all they produce is gold hydroxide. The best anyone has come up with are gold hydroxide powders that have strange magnetic properties or respond to electricity in a bizarre fashion.

I really thought before Hudson died, he would admit the whole thing was an elaborate hoax in a fevered attempt to make money on the New Age crowd who so eagerly ate up every word Hudson spoon fed them. But maybe he actually believed it himself. Maybe the chemists he hired were such amateurs, they didn't understand the anomalies they were observing in the laboratory experiments with their gold hydroxide.

But some things were just outright lies. For example, Hudson said the chemists had purified some ORME material from his farmyard dirt, and set it in the hot Arizona sun to dry out, which caused it to flash with a bright light and disappear. But this wasn't the special ORME material Hudson was claiming to have invented, it was just zinc powder. The chemists didn't understand why Hudson would lie about that. So he used every little strange event that took place during the time he was paying over a million dollars to have his soil tested and elements analyzed, in an effort to convince people the powder had magically properties. He spent all that money and walked away with nothing, so he either pretended to discover something new and amazing, or he was actually fooled into thinking his chemists did find something incredible because

they were unfamiliar with the strange properties of gold hydroxide and other platinum group metal hydroxides, which react strangely to electricity.

Every fully credentialed chemist who has replicated Hudson's patented processes has shown that each compound Hudson labels along the way is misidentified or purposely mislabeled in a pathetic attempt to hide the truth of what the compound actually is. And the end result isn't single mono atoms of gold Hudson labeled ORME, but instead is normal gold hydroxide with no special properties of any kind. His patents are nothing but a very inefficient way of making gold hydroxide. Its very finely divided gold hydroxide, with fewer atoms per cluster than red gold hydroxide which is why it appears white or clear. And what Hudson was unaware of, and what most people who make this powder themselves don't know about gold hydroxide, is that it can have bizarre reactions to magnetic and electrical fields. So all of the anomalies he observed in the lab were nothing more than what normal gold hydroxide does when bombarded with high voltage or put under vacuum in an argon atmosphere and heated.

The final result of this Hudson scandal was that now even more people believe alchemy to be nothing but pure nonsense. On the internet dozens of people are selling white powders with unidentified material inside, no lab assay results, and calling it ORMUS, or "white powder gold", or G-ORME for gold ORME, and some even have the audacity to call that *garbage* the Philosopher's Stone and Elixir of Life. People who buy it feel no effects, and if they do feel something its either placebo or the result of the gold hydroxide becoming gold chloride by reacting with the hydrochloric acid in the stomach, and since gold chloride is a potent neuro-toxin, it makes them feel "high" or blissful for a little while. In large doses, anything more than 100mg, gold chloride can cause vomiting and severe nausea, so I feel very sorry for all these people foolish enough to buy something that has never even been tested, sold by people who won't even show you their "lab" or

their faces on their website store. Its baffling the FDA hasn't done anything about this.

I intend to buy and assay every single alleged "white powder gold" product on the internet, and post the results on my website for everyone to see. Using XPS analysis, the real compounds in these powders can be precisely identified, whereas normally the people who do assay their products use much cheaper methods to test the powder, which usually can't identify a portion of the powder, so they assume this must be the ORMUS material that's said to be impossible to detect (convenient don't you think?).

I too once believed in Hudson's powder, mostly because I was a fan of Laurence Gardner, who I assumed had all the money in the world to do scientific tests on these powders. He even has links to websites that sell this fake powder on this website. Its too late for him; there is no going back now. He's already invested far too much time and money in books that are based around the idea that white powder gold is a reality, and it's the future of technology. He will never be able to admit Hudson was nothing more than a con artists, and the junk they sell on the internet is just gold hydroxide, usually mixed in with or "cut" with other white powder material, like calcium carbonate. It's a terrible shame.

The main thing that's stopping this whole Hudson white powder movement from being blown out of the water, is the fact the chemists who do the legitimate research and prove the Hudson patents produce nothing more than gold hydroxide; they all choose to remain silent about it. They consider their research proprietary information, because its only a small part of the larger project they are working on, which involves the search for a real "Elixir of Life". They also are testing my claims and attempting to make my Stone in their labs. The reason they even consider my work as possibly being true is because they are well aware of the old alchemy manuscripts that describe similar processes.

It may take a little more work than they anticipated, but I see no reason why they won't be successful in making the Stone of this book themselves. And they will be absolutely amazed and humbled by what they witness in their testing of the Stone and everything it can do.

The "Fountain of Youth" is a reality, and it will be given to anyone who works hard enough at following the deceptively simple instructions I have faithfully communicated in this book. While it all seems so simple, making the right salt from the dew is not as easy as it may seem. Even when you finally get good at producing the salt, finding the right conditions to make a salt that works every time on the metals is a much harder task.

I still have no idea what it is that makes one salt different from another. Does it have something to do with phases of the moon, or astrological conditions? Does it have something to do with the mindset of the alchemist themselves? I don't think the answer is going to come easily, and I seriously doubt the Stone will ever be something that can be manufactured on a production size scale. We simply don't know enough about how it does what it does, and where the energy comes from, or even what that energy itself is. Identifying the energy will prove to be an incredibly difficult challenge, because I doubt we even possess machines capable of doing so.

If the Stone has remained hidden away from the world for this long, and no chemist has ever stumbled upon it, even those who do research on medicinal cures written in old alchemy texts, then its obvious whatever its composed of or the energy it emits is something so bizarre, science hasn't yet begun to even ponder its existence. The first scientist to identify it and make his own Philosopher's Stone will no doubt achieve a Noble Prize for his "discovery", and I bet he won't even mention this book, nor will he even be aware of its existence.

I plan to advertise this book in a commercial run on 92 TV channels in the US, and some international channels as well,

over a 4 week period. If enough money is generated from that campaign, then I will run the commercial for another month, and continue doing so until it becomes non-profitable. I also plan to run an ad in every paranormal / psychic ability type magazine that will let me.

So I fully intend to make this book as popular as possible, and I may also start selling the Elixir itself on my website. I'm still having mixed feelings about that, because it makes it so easy for the Elixir to find its way into the wrong hands.

## AUTOBIOGRAPHY OF SUPERNATURAL EXPERIENCES

At 2 years old, I awoke in the middle of the night, but my dream continued. On the wall, I could still see it like a movie, and I could hear everything that was happening. This would actually be fairly entertaining for an adult, but my young undeveloped mind just couldn't handle it. This was my first introduction to the strange and unusual.

Several other times when I was only 2, I would look at the wall, and the wood grain surrounded me until I was in another world. Sometimes my vision would turn into a tunnel myopia effect. Everything would shrink down like I was looking through binoculars the wrong way.

Being young was an intense and constant psychedelic experience for me. Nightmares haunted me every night. They were a very strange kind, made of pure emotion and strange mixes of colors. I was very much an empath during the night. I could always feel what others were feeling, and that contributed to my nightmares. It was a most horrible feeling; very different from watching a scary movie. I was always being chased by some military officer. He never had a whole army with him. It was only him, terrorizing my mind as if he had drugged me with something and then put me under interrogation. But this dream scheme started from my earliest memories at an age of less than 2 years old. I had no understanding at that age of what the military was, much less what a military Officer was. Later when I learned about the Army, it was all very familiar to me.

Eventually the military man was killed in my dreams, and he never returned. Extraterrestrial Elves were the ones who 'saved' me from the Officer, and they gradually tried their best to make me believe they were real and not just dream characters. After teaching me how to control my dreams, and Lucid Dream, they disappeared and never returned. Or perhaps they decided to appear as people in the dreams instead of aliens. I always thought it was strange that I dreamt of aliens because as a little boy, I never had much interest in them. I always liked cartoons, because I was an artist.

As you will see later, learning to Lucid Dream was an important skill that was actually the "Genie of the Lamp" in hiding -- a gateway to extreme power. But as a little boy, I only used the ability to adventure through my mind. Most people who are into lucid dreaming never come to realize that they are in the deepest state of mind they can be in. Hypnosis is essential a guided lucid dream, and the best hypnosis works when you are actually seeing and experiencing everything the instructor is telling you; hence the lucid dream.

At age 4, I had my first girl friend, which I got after wishing strongly for her to like me. That was my first kiss. Maybe it was just a coincidence that she liked me when I wished for it, but I have yet to see a 4 year old girl who didn't think boys had 'kudies'. At age 5, I had my next girlfriend. She would kiss my best friend if I didn't pay attention to her. I thought that was pretty strange, so when I got home, I made a wish into my Santa Claus hat so she wouldn't do that anymore. The hat was something I viewed as powerful because of the alien elves from my dreams. And for some reason the wishes only came true if I hid the hat where nobody else could find it. The whole experiment had to be a secret. Maybe this gave it a special place in my mind.

As I grew up, I used my powers for little things, and I never assumed that I could do the impossible. To me, psychic power was just something the brain could do, and I obviously had

plenty of proof. So I researched the occult and psychic power from very early on in life. I tried every technique from every book, and at the very least it changed the way my mind worked. At the very best it structured my future to unfold in the way it has, so some of my dreams could indeed become a reality.

Who knows which techniques worked, and which didn't -- I never could tell because I used them all at the same time. When a desire or thought manifested out of nowhere, I had no clue as how to make it happen again because I had tried dozens of things to make it happen.

I think one of the main things that started the ball rolling was a Witch Craft (or maybe I should say 'Wish Craft') ritual that my friend and I did one night. He was always into witchcraft, but I was only interested in psychic power because I thought it was more practical. Latter I learned about the technological methods and techniques used in NLP, and I realized why rituals were important. So I decided to go ahead and give the withcraft ritual a try; I thought "why not?".

It was 12 midnight, and the pentagram was drawn out on the floor using white masking tape. Five candles flickered, one on each corner of the star. We read the invocations from the book, staring at the top corner, and working around clockwise. Then we just sat with closed eyes and waited. I fell into a deep dream like state of mind, which was a little surprising. In the midst of my trance, suddenly the silence and blackness was broken as a crystal clear image appeared. It looked like an old man, and his eyes moved from side to side as if he was searching for something. It happened so fast that I couldn't even react with my voice and scream. My mind was in deep shock, and I opened my eyes, but couldn't say anything for about a minute. My friend looked at me and got very scared that something had gone terribly wrong. I couldn't respond to him. All I could do is wait to regain control of myself. My pupils were so big that no color could be seen in my iris; only wide black eyes staring straight ahead.

After I finally was able to speak again, I told my friend what happened. Then we calmed down, and kept waiting patiently for something else to happen. This time I kept my eyes open, because I had no interest in getting the life scared out of me again. On the other side of the room, I could see dark shadows shaped like people moving in and out of the darkened parts of the room. The candles only illuminated the circle, and the rest of the room was fairly black. I watched in amazement as these figures moved around the room, seemingly observing us in the circle, but never coming inside the boundary of the pentagram. If I remember correctly, when I told my friend about these dark shadowy figures, he said they were elementals or possibly even ghosts that lived on the land from far back in the past. Later, I would learn just what elementals are, and how much I had to do with them (or vice-versa).

Later on that night, I tried some telepathy with my friend. My technique was simple - I just screamed as loud as I could in my head until he finally heard me. But he didn't know about my little experiment, and as soon as he heard a voice in his head, it scared him to death! He jumped up and yelled, but when I asked him what was wrong, he just said "Nothing. Forget about it. I don't want to talk about it." Then when I finally got him to talk he said "All at once I heard people screaming my name and it was as clear as a radio broadcast!"

## Chinese hand forms

After reading through one psychic info book after another, I finally came across a book that described a Chinese form of hypnotic hand positions (Kuju Kiri) used to redirect the electrical energy in the body. Just like rewiring a circuit board. One of the hand positions involves pinching the pointer finger of the left hand beside the finger nail. This pinches off the main electrical nerve channel that comes down from the brain to the finger, then to the rest of the body. Just like how the heart pumps blood down a major artery in the left arm, then it goes to the rest of the body. The hand form is number 7 in the series, and it's designed to control time-space, and freeze anyone in a 9 foot radius around you. Interestingly, the realist alien abduction video I've ever seen had a little gray alien in it, and he came walking in the door using the same hand position to freeze the camera man.

But back to my experience. The book said that when you master the hand form to control time-space, the power will appear as a bolt of lightning. This makes sense when you consider the fact that you're stopping the flow of electricity into the body and it's building up in the pituitary gland (the master gland of the central nervous system). I did this hand form while relaxing as much as I could. After about 30 minutes, a giant electrical shock was released into my body, and it was enough to give a painful sting. Much more than getting shocked by a 120 volt house current. It only lasted a second, and it made a bright light, just like lightning. The image I was focusing on in my mind also became crystal clear, and this startled me quite a bit.

A few days latter, a white sphere of light appeared beside me for a few seconds and then disappeared. It was very large, about 3 feet. This was no hallucination.

I also used the handform for harmonizing your body with the energy of everything around you. This makes you invisible to anyone who is looking in your direction. I managed to scare people a few times when they didn't see me in the room, then I just appeared out of nowhere! One time I even walked right up to a friend and then released the handform to become visible again, and I scared the the hell out of her!

The book also had exercises designed to regulate the energies of Earth, Air, Fire, Water, and the Void. Once you've mastered the energy of the Void, you can cause changes in the universe by just a wave of your vibrating palm. One night I felt my palm start to buzz and vibrate, and at the same time I was thinking about the various people I knew, and how all of them were party people except one. I said out loud "Why won't he just have fun and party hard?". At the same time, I had my arm out-stretched and I could see an image in my mind of the energy from my hand opening a gateway between the place where my friend was and where I was. It really felt like he heard me. But I just forgot about it and dismissed it.

The next day my friend said, "Hey man, did you try and contact me telepathically last night"? He told me he was drifting off to sleep when he heard someone in his room say "Why won't he just have fun and party hard?". At the time, he was staying at his brothers house so he thought his brother had come in the room for some reason. He turned on the lights, but nobody was there! He said he heard my voice as clear as if the sound was coming from outside his head and was across the room.

Years later when I was talking to a girlfriend on the phone, she hung up on me after I got angry with her for being so mean and heartless. I hung up the phone, and a few minutes later I said "YOU BITCH!". My hand was vibrating again, and

I really felt like she heard me, and I had scared her. The next day, she said in a soft frightened voice "Why did you call me a bitch last night?". I told her I didn't know what she was talking about, and I never called her a bitch. She said "You didn't while we were talking on the phone, but after you hung up I heard you."

## Dream Control

After these experiences, I became interested in finding out if I could make people see things, instead of just hear things. So one night, I started my hand vibrating and I imagined that one of my friends could see me standing at the foot of their bed. Sure enough, the next day she said "I saw you last night at the end of my bed. I woke up for no reason, and you were standing there! I told you to leave, and you walked out the door!" The reason I made the image walk out the door instead of just disappear was so that she would just think it was actually me, and not a ghost of me.

Another one of my friends didn't believe in God, so I figured I would see how far I could take this ability, and make him see God. So one night when I knew it was late enough for him to be asleep, I got the vibration in my palm going again, then I visualized God coming down and entering his dream. The next day, he swore he saw God last night in his dream as a bright light shinning down on him, and he was convinced it was more than a dream. He now believed completely in God! I don't know whether I made him see a God that I made up, or if I managed to forge a connection between his mind and God. After all, the only thing I visualized was God coming down and entering his dream. It wasn't very specific.

## Sexual Telepathy

After a long night of drinking with a friend, a strange telepathic event happened. Deep in the back of my mind I could hear a <sup>lady</sup> calling my friend's name. She sounded angry like she was yelling at him. Then my friend said, "Man when I get too messed up and drunk, sometimes I hear my mom yelling at me. She always yelled at me every day when I was little, and right now I can hear her crystal clear." This form of telepathy is strange indeed because you can hear the other person's thoughts like a radio in your head!

The same friend had a girlfriend that I introduced him too. I always felt like it was a mistake because he treated her so badly, and I know I could have been a much better boyfriend for her. I talked with her and helped her with her problems much more than he did. We had a close connection. She and my friend were at my house one day, and my friend left the room. The girl was sitting on a stool that had a fan leaning on it, making it vibrate. Suddenly I could hear her in my mind, saying "Yes, yes, yes, Nick, it feels so good." Then I felt her have an orgasm, and at the same time she closed her eyes and sat back. I thought this might just be all in my head, so I forgot about it. The next day my friend told me about his girlfriend having an orgasm from the vibration when she was sitting on the stool. This surprised me, because even though I had experience in telepathy, I was unaware of the fact that you can feel another person's orgasm. I bet a priest would say this type of psychic ability is Satanic because of the sexual nature.

Latter, I had an even more intense sexual psychic experience. I was attempting to leave my body one night, and I could hear the beautiful voice of a female. Then I began to see flashes of her in my mind. She was masterbating, and although I liked the image, I was curious as to whether or not it was just my

imagination, or a vision of a real girl. She assured me that she was indeed real, and I was about to feel how powerful she was. The loud O.B.E. vibration began to thunder through my mind and body, and I knew I was leaving and going to this girl. As soon as I was out, I could see the girl and she looked right at me then closed her eyes and began to scream as the orgasm began.

I could feel it too, and it was so strong and so pleasurable that it actually began to hurt and become strangely painful. She was screaming like bloody murder, and the orgasm seemed to have no end. It just went on and on, and I longed for a peek and ultimate climax to the orgasm, but the entire thing was a climax. If I tried to increase the energy of pleasure any higher, it began to turn to pain again. I eventually had to return to my body because I couldn't handle it any longer. She then stopped screaming, and let out a sigh of relief and satisfaction, then said "Thank you Nicholas. I love you." Was this a person? Was it just my imagination or a character I created on the astral plane? Or was it something negative, like a succubus? The next day I did feel extremely drained of energy, like I was on the verge of death. Yet the day before I was perfectly healthy and it was mid-summer so I couldn't have suddenly caught a flu bug.

## Telekinesis

Another strange ability I've tapped it telekinesis. Back when I was in high school, I had a class that was a study hall. One day for some reason we had to have the class in the lunch room. I had my head down on the table, and I was thinking about how the universe was made out of positive charge and negative charge. My mind dwelled on this idea while I visualized the Ying-Yang symbol under deep self hypnosis. I was attempting to gain power -- any power that could affect the world around me instantly.

When the bell rang for class to end, I looked up at the clock, and it was spinning out of control. When I walked down the hall, the clocks were fine until I came near them. As I approached them, they would start to spin very fast. I did this to every clock, one by one, until I got to my next class. I took the long way so I could mess with as many clocks as possible. There must have been at least 8 of them.

And when I got to my next class, the teacher was standing in the hall talking to another teacher saying "In all the 10 years I've worked here, I've never seen the clocks do that!" I'm convinced there is a certain type of energy that causes this because this same effect can be replicated using an electronic device called the HDR. You can read about it at [HDREnterprises.com](http://HDREnterprises.com) and [FutureHorizons.net](http://FutureHorizons.net). It causes some watches and clocks to spin very fast forward or backward depending on how you "tune" it. The circuit design of this device seems ridiculous and it seems to do nothing, but the way it affects clocks has me convinced it's the same energy I tapped that day in school.

## Coincidences

Many other strange little events happened to me throughout all these years. Coincidences were so abundant it was surreal. Many times, I came within inches of getting hit by a car. And at least 5 times I've come close to losing my eyesight one way or another. But I was always unbelievably lucky. And even when I was just looking for information or trying to change the direction my life was going, events would just fall into place (except money of course). Even when I would be thinking in words, sometimes I would hear someone near by say the same words after me thinking them! For instance, if I thought of the word "enigmatic" someone would say that word! This happened all the time, even with the radio and T.V.

My friend had a radio in his car that would always mess up, and he would hit it really hard to make the station come back. While sitting in the car waiting for him to buy a few things at a gas station, the radio suddenly switched stations to the Christian channel and the priest said "God is always trying to reach you!" Then the station switched back to the music I was listening to.

Once, while thinking intensely about death, a car drove by. And if I thought about marriage, I would see an advertisement with a couple getting married. A few times I would be thinking about what it's like to be rich and of course, a limo comes driving by. A good book about coincidences and their importance is "The CELESTINE PROPHECY" by James Redfield. Here is the summary on the back cover of the book -

THE CELESTINE PROPHECY contains secrets that are currently changing our world. Drawing on ancient wisdom, it tells you how to make connections among the events happening in your own life right now... and lets you see what is going to happen to you in the years to come! A book that has been passed from hand to hand, from friend to friend, since it first appeared in small bookshops across America, THE CELESTINE PROPHECY is a work that has come to light at a time when the world deeply needs to read its words. The story it tells is a gripping one of adventure and discovery, but it is also a guidebook that has the power to crystallize your perceptions of why you are where you are in life... and to direct your steps with a new energy and optimism as you head into tomorrow."

But these coincidences also drift into scary territory. On my way to work one day, there was an accident, and I noticed the sign which was electrically lit had a large cable coming out from the power box on the bottom to the sign itself up top. I thought to myself "wouldn't it suck if a person cut that cable? Why is the cable even exposed like that?". Then sure enough, someone did actually stop and cut that cable. When I got home and walked passed the TV as the News was on, they said someone stopped their car, got out, and actually cut the cable to the sign, and because the next drivers didn't know an accident was up ahead around the corner, three people died!. Did I predict the guy cutting the cable or cause him to get that idea?

## Merlin

There was no Merlin of Camelot and King Arthur, but there was a man by the name of Abra-Melin born in 1281 who lived in Egypt by the Nile river. (This life I was born in 1981). He wasn't born there; he moved there to learn about magic. The name Melin eventually had an R added to become MeRlin as stories were told about him because of the accent they have.

One night I was up late listening to some music. I heard a voice calling me, and I could see a vision of a pentagram with people standing around it. I thought it was a day-dream so I tried to ignore it. But the vision persisted despite my best attempts to clear it out of my mind.

The people were summoning Merlin, and calling his name. I decided to play along with the day-dream so maybe it would go away, and I told the people that I was NOT Merlin but they couldn't hear me. Then a female spirit appeared in my mind and told me that I was indeed Merlin. I argued with her for a few minutes because I was amazed that my "imagination" was having a conversation with me.

Finally I considered that maybe this was no day-dream; maybe it was real. And maybe I should try and make something happen for these people who have summoned me. I didn't want them to never know that their summoning ritual had actually worked. So I tried to make them see the pentagram moving like ripples in water, just like in the movie "The Craft".

Everyone was amazed, and one girl ran to get a camera. This worried me a little because I was only making them see the event in their mind, and it was not a physical thing that could be captured on film. So I tried to make the film in the camera see the same thing, like making a 'thoughtograph'.

After that, the day-dream faded away into black, and I went to sleep. The next day my friend came over and told me about how he was at a gathering last night and he wanted me to come to the next one tonight. I was hesitant at first, since I had very little interest in witchcraft. But I was always researching psychic techniques, so I thought I would give this one a try.

I also had cast several spells myself, and I knew they can work if you believe in them and forget about them. {One good love spell was this one I used back in school -- you wright the name of RUHIEL on your palms in celestial script, then ask for his assitance telepathically. But for the spell to work well, you must touch the person. I did this in one class, but I thought it wouldn't work because I wouldn't be able to touch the girl since I only saw her in the hallways on the way to my next class. But then the bell rang and it just so happend that I walked right past the girl I wanted to cast the spell on, and for no reason she put both her hands on me to get across the hall, but I wasn't even in her way. }

When I went over to the gathering, they told me about how they summoned Merlin last night, and he made the pentagram look like water. Right after that a girl came in who just got back from the store with the developed photos from last night. The photos did show a little ripple effect in the pentagram. I told them all that it was me they summoned last night, not Merlin.

But they insisted that I must be the reincarnation of Merlin. There are many ways to interpret this, but several psychics have told me I was Merlin when I asked about my past life, which is beyond mere coincidence.

I am not a fan of Middle Age folk lore and the King Arthur and Camelot stories, and in fact, I actually have always hated the Middle Ages with swords and knights and Kings and Queens. I can hardly stand to even watch a movie about it. (But I did always love the clothing the females wore in those times, and their appreciation for Jasmine perfume, which brings back memories every time I smell it). The point is, I'm not putting this here to claim I'm Merlin and feel special about myself. I'm simply explaining this event because of it's significance in the recording of supernatural events that have taken place in my life.

Later that night we summoned elemental spirits and Arch Angels to answer our prayers. We each asked for a certain power. I asked to have the power to make people see what I see in my mind, so I could show them things in such great detail that would explain the most complicated things. After that we blew out all the candles and the moonlight was illuminating the white salt circle. I closed my eyes and everyone saw the room go completely black. When I opened them, everyone saw the room light back up again. I repeated this experiment for a few minutes, using my friends as guinea pigs. The difference between the light and dark was so extreme that I thought for sure someone would pass out. And right when that thought crossed my mind, one person fell straight backward on the floor. The rest of us continued to watch the room go from light to dark. If I blinked my eyes really fast, everyone saw the room blinking.

I never told them it as me who was doing it. I thought it might freak them out, and make them think I had total control over their minds. A priest would probably tell me it was the devil that gave me the power, but I don't believe that since it was angels we summoned (and their is no such thing as a devil but there is a God) angels we summoned (and their is no such thing as a devil, but there is a God).

Obviously my wish had been granted and I was indeed given the power I asked for, but maybe I already had it since the previous night I made them all see the pentagram ripple like water. For a long time I wondered if I could really be Merlin. I did a psychic reading and asked other psychic about my past lives without telling them anything about Merlin, and the answers seemed pretty conclusive. I then tried to leave my body and go back to the past. When I was free from my body, I willed myself into the past. I shot through darkness at intense speed, then everything stopped. A lady said "Hello" and it startled me like when someone jumps out from behind bushes and scares the crap out of you. This made me instantly jump back to my body.

I should also mention here that one of the people at that circle tried to commit suicide a few days before, which I only found out the day we met at the circle. He tried to hang himself with his belt, and during the time that was happening, I was having a day dream about it, and that same spirit was talking to me. She was telling me to do something to stop him, but I knew he wouldn't be able to kill himself in this way because his feet were touching the floor and supporting his body weight, and the belt was too wide and flat, so he could only die this way by suffocation, and I knew he wouldn't be able to wait long enough for that to happen. But why me? Why was I shown this? Why did the spirit think I could do something about it, and who is she? It drives me crazy.

## Materialization

Speaking of spirits and guides, I eventually learned how a spirit can be materialized. I thought about how easy it was to leave the body when you realize you are dreaming. I figured it must be because you are in the deepest state of mind you can be in; much deeper than hypnosis or meditation. I thought of the Lucid Dream state as the "Philosopher's Stone" like the Rosicrucians say. Only I never understood what they meant until this very night.

So I figured I'd try to materialize a spirit instead. Sure enough, that night I realized I was dreaming, and I tried to materialize my spirit guide. I simply said "I ask my Higher Mind to materialize my spirit guide". This is essentially asking for God. The dream turned to black, and I felt a huge amount of electric energy rush through my body and center in my brain. Then I felt a cobweb forming on my face. I wiped it off because I thought spiders had formed a web on my face, which made me angry that somehow I had a spider infestation in my house and they chose my face as the spot for a nice thick web. I figured the materialization was a failure, but then 3 months later I found a book that described materialization of spirits.

It said that when you materialize a spirit, a cobweb forms on your face just before the body is made.

Much later on in life I would come to realize the beauty in materialization, and the awesome power the brain possesses over this Universe; able to so easily arrange trillions of atoms to form an object as complicated as a body. There have been many reported cases of nurses claiming a person would suddenly appear from nowhere and help save the life of a

patient, then disappear. And many people have also gone to visit haunted houses or hotels where they stay the night, and in the morning while having breakfast, a person will come and sit with them, and they appear so solid the person eating breakfast assumes they are having a conversation with a live person, only to find out later that the person was actually the ghost.

Once while waiting for another lucid dream so I could materialize a spirit, I read a book about DMT. I opened the book to a random page, and it was about a lady who had just taken a dose of DMT. She said "what if you had a dream you picked a rose, and when you woke up, it was there in your hand?" She had the same name as my spirit guide I was always trying to materialize! And when you lucid dream, your brain produces DMT. I also thought of the rose as the symbol for the stone of alchemy.

Another coincidence happened when I was watching TV. I accidentally pushed the wrong channel number and a Christian channel came up right when the priest was saying "This is it! Here in Revelations we are promised new bodies!" And he was talking about materializing bodies from thin air.

Other times, right when I tuned on the TV, there would be a movie and they would be yelling the same name as my spirit guide. Once I was thinking about it, and I said "I wish I could just get a second chance to try this", then I walked downstairs and past the TV, and it said "Wish Granted" for some car commercial.

I also came across a video about DMT by Terrance McKenna and he was talking about using the DMT experience to materialize objects.

Many more supernatural events have happen to me, or because of me, but I will wait until the next edition of this book to update.

The point of this section of the book was to show what psychic abilities are possible even before you ingest the Elixir. Knowing these things are possible can provide a starting point for developing your own abilities. The Elixir will strengthen and greatly enhance your mental powers, but only if you know what those powers are, and how to use them.

To get you started, I highly recommend you buy spelled jewelry items. These are objects that have spells cast on them by a powerful coven of witches, the more the better. There are a lot of fakes and frauds out there, but with a little intuition and trial and error, you will find the ones that really work. Some will just be a placebo effect that will make you believe in yourself and your own psychic power, and others will actually have extreme power and be able to push you forward into the deeper psychic experiences of the paranormal.

They also sell special bags that can copy one spell onto another item, and copy any number of spells onto one single item, like a powerful ring. Imagine having a ring that has every possible spell cast on it you can think of. These objects inevitably end up working wonders because even if some of the spells are fake and don't do anything, others will be very powerful and give you the ability to manifest what you desire.

Be very careful with spells because they can drive you to become obsessive about the thing you want until you finally get it. For instance, a strong money spell could make you work non-stop on whatever project it is that will make you money. This can lead to a very unhealthy life-style, where you close out all your friends and normal activities that would be fun and keep you sane by letting you release some steam and pent up energy. Just be sure to take notice of when you are over-working yourself to get what you want, or thinking obsessively about it way too much for long stretches of time. Remember to participate in the world around you and engage with other people, especially friends and family.

Yes you will get to the top very fast by doing nothing but spending all your time and energy on the one project that will bring you all the way to the top, but what sacrifices did you accidentally make in the process?

The one thing you should concentrate on achieving more than anything else is *quality of life*.

*"So, are you ready to become part of all this?"*